

February 14, 2018



# Correctional Facilities and Collaborative Comprehensive Case Plans Franklin County Sheriff's Office

# Overview

- Introductions
- Overview of Collaborative Comprehensive Case Plans Web Page
- Franklin County Sheriff's Office as Lead Case Planner
- Questions and Answers

- **Introductions**
- Overview of Collaborative Comprehensive Case Plans Web Page
- Franklin County Sheriff's Office as Lead Case Planner
- Questions and Answers

# Speakers

- Andre Bethea, Policy Advisor for Corrections  
BUREAU OF JUSTICE ASSISTANCE, U.S. DEPARTMENT OF JUSTICE
- Levin Schwartz, Assistant Deputy Superintendent,  
Clinical and Reentry Services  
FRANKLIN COUNTY SHERIFF'S OFFICE, GREENFIELD, MASSACHUSETTS
- Mark Stovell, Policy Analyst  
THE COUNCIL OF STATE GOVERNMENTS JUSTICE CENTER

# Bureau of Justice Assistance

The Bureau of Justice Assistance (BJA), a component of the Department of Justice's Office of Justice Programs, provides leadership and services in grants administration and criminal justice policy development to state, local, and tribal jurisdictions. Specifically, BJA provides funding to support law enforcement, combat violent and drug-related crime, and combat victimization. Through the development and implementation of policy, services, and sound grants management, BJA strengthens the nation's criminal justice system and restores security in communities.

To learn more, visit <https://www.bja.gov> or follow us on Facebook (<https://www.facebook.com/DOJBIA/>) and Twitter (@DOJBIA).



# JUSTICE CENTER

THE COUNCIL OF STATE GOVERNMENTS

*Collaborative Approaches to Public Safety*

National **nonprofit, nonpartisan** membership association of state government officials

Represents **all three** branches of state government

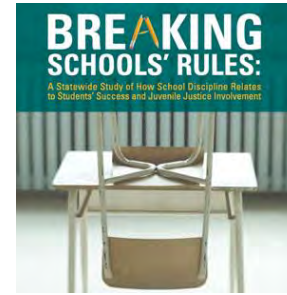
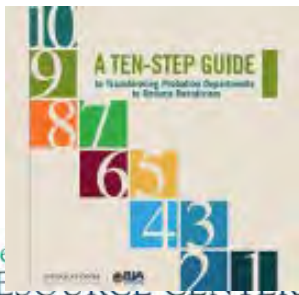
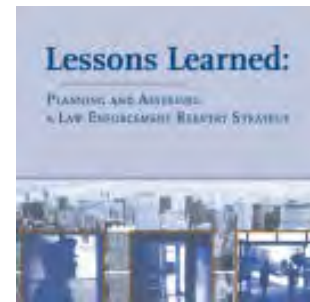
Provides **practical** advice informed by **the best available evidence**



# JUSTICE★CENTER

THE COUNCIL OF STATE GOVERNMENTS

*Collaborative Approaches to Public Safety*



# National Reentry Resource Center



- Authorized by the passage of the Second Chance Act in April 2008
- Launched by the Council of State Governments in October 2009
- Administered in partnership with the Bureau of Justice Assistance, U.S. Department of Justice
- The NRRC has provided technical assistance to over 600 juvenile and adult reentry grantees since inception





Visit the *What Works in Reentry Clearinghouse*

### The Federal Interagency Reentry Council: A Record of Progress and a Roadmap for the Future

The Federal Interagency Reentry Council provides a review of its accomplishments and a roadmap for its future.

[Learn More](#)

THE FEDERAL INTERAGENCY REENTRY COUNCIL  
A Record of Progress and a Roadmap for the Future

95% of adults sentenced to prison will return to the community.

**Reentry will be their next step.**



[Click to tweet this message](#)

#### RECENT POSTS



### New Resources Help Translate Juvenile Justice Research into Practice

JANUARY 24, 2017

The resources, organized by common challenges for juvenile justice

#### ANNOUNCEMENTS



[Apply Now for the Small Business](#)

- Introductions
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# Web-Based Tool to Support Case Planning

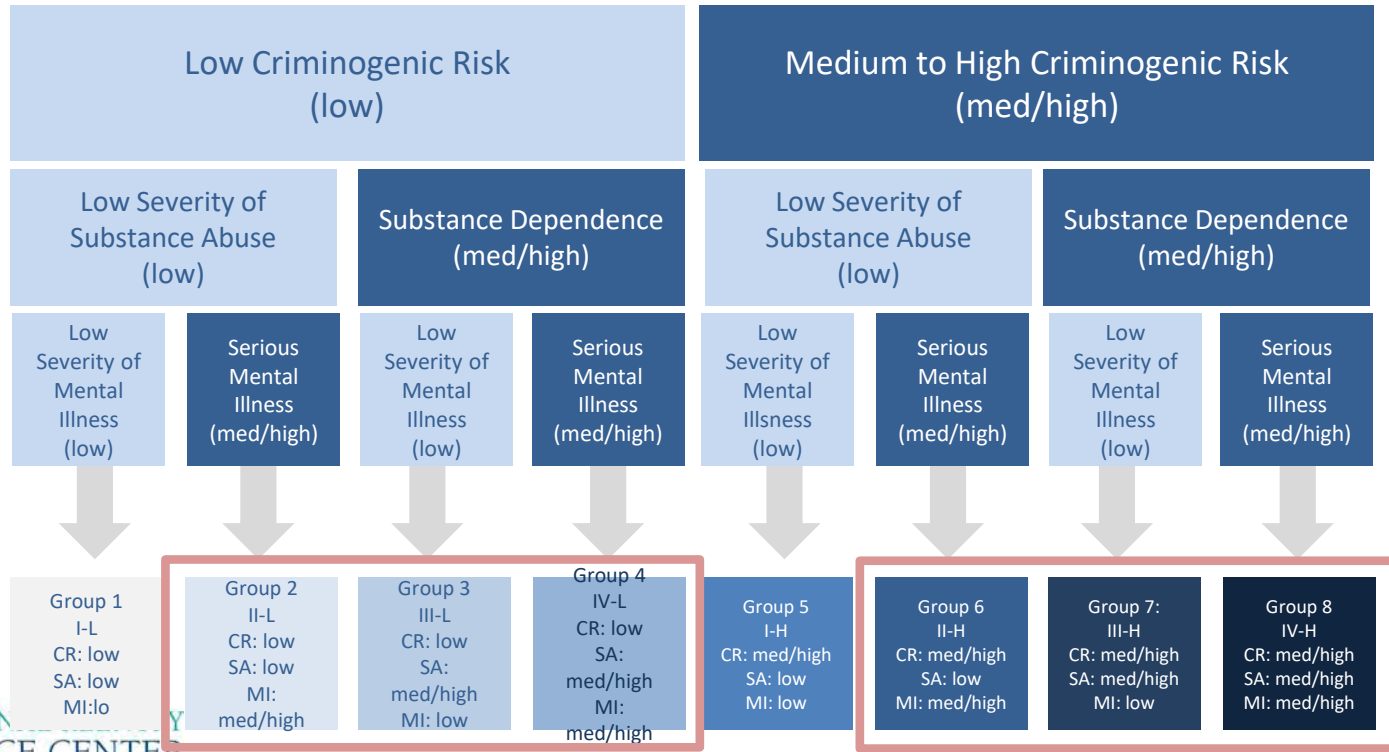


## Collaborative Comprehensive Case Plans: Addressing Criminogenic Risk and Behavioral Health Needs

The **Criminogenic Risk and Behavioral Health Needs framework** (see below) introduced state leaders and policymakers to the concept of prioritizing supervision and treatment resources for people based on their level of criminogenic risk and needs and the severity of their behavioral health needs. Once these individuals are identified, criminal justice and behavioral health professionals can work together to develop and implement case plans that assist the participants in reducing their risk for recidivating and advancing their goals for recovery. The following tools and resources will help these professionals integrate critical behavioral health and criminogenic risk and needs information into comprehensive case plans that actively engage the participant and reflect a balanced and collaborative partnership between criminal justice, behavioral health, and social service systems.



# Behavioral Health/Criminal Justice Framework







# Specialized Housing Provider

## Case plan holder sends the following information:

- Specific supports, if any, the participant needs in order to succeed in certain housing situations
- Legal circumstances that can impact housing
- The participant's income
- Details concerning whether the community supervisor will need to check in on the participant at home and if so, how regularly
- A list of the participant's current medications

## Case plan holder receives the following information:

- Services provided
- Housing rules
- Updates on the participant's progress while housed, and if there are any disciplinary issues or behavioral changes
- Changes, if any, in skills and ability to function independently

[Back to Top](#)

# Peer Support

## Case plan holder sends the following information:

- All information in the plan, so that the peer support specialist can fully understand goals, services, legal requirements/status, and recidivism risk

## Case plan holder receives the following information:

- Updates regarding compliance with conditions of release/diversion or community supervision, when required
- Any information that pertains to the person's status on community supervision or in diversion programming
- Schedule of required appointments, court, and community supervision appearances
- Needs related to application for public benefits, health
- Information about the participant's prosocial activity interests

# LEAD CASE PLANNER PROFILE: CORRECTIONAL FACILITY

## *Franklin County Sheriff's Office*

Franklin County, Massachusetts

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### NOTABLE FEATURES

- The Franklin County Sheriff's Office in Greenfield, Massachusetts was a Second Chance Act Reentry Program for Adults with Co-occurring Substance Use and Mental Disorders grantee in Fiscal Year 2013
- Jurisdiction geography: **Rural; 71,372 residents**
- Size of correctional facilities and populations incarcerated: 250 men



## PROGRAM DESCRIPTION

Under the leadership of Sheriff Christopher J. Donelan, the Franklin County Sheriff's Office (FCSO) implemented a trauma-informed, integrated substance use and mental disorders treatment program in 2014 for approximately 120 men who were sentenced and incarcerated. Most of these men were assessed as having high- to very high-criminogenic risk. Since then, the FCSO expanded program eligibility to pretrial detainees and now includes approximately 175 men. Although the FCSO only incarcerates men (women are housed in a regional facility in a nearby county), case management support is available through FCSO to both male and female participants post release. FCSO offers participants evidence-based interventions, including Integrated Dual Disorder Treatment (IDDT) case management for people while incarcerated and post release, Thinking for a Change (**T4C**), Dialectical Behavior Therapy (**DBT**), Acceptance and Commitment Therapy (**ACT**), Stages of Change and **Motivational Interviewing, Seeking Safety**, and **Nurturing Parenting**. Program participants also receive group therapy, peer mentoring, case management, education, and vocational services prior to release and are also connected to supported or affordable housing. As participants move through phases of the program they are transitioned to different sections of the jail with lower security levels until they are released.

FCSO staff use the following instruments to screen and assess program participants:

- PROXY static risk assessment
- Level of Service/Risk-Need-Responsivity (LS/RNR)
- Clinical diagnostic assessment
- Adverse Childhood Experience (**ACE**) scale
- Brief Situational Confidence Questionnaire (**BSCQ**)

# How are Collaborative Comprehensive Case Plans Implemented?

INTERAGENCY COLLABORATION AND INFORMATION SHARING	+
STAFF TRAINING	+
SCREENING AND ASSESSMENT	+
CASE CONFERENCE PROCEDURES	+
PARTICIPANT ENGAGEMENT	+
PRIORITIZED NEEDS AND GOALS	+
RESPONSIVITY	+
LEGAL INFORMATION	+
PARTICIPANT STRENGTHS	+
GENDER CONSIDERATIONS	+

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# Franklin County House of Correction Greenfield MA



Levin Schwartz, LICSW  
Assistant Deputy Superintendent  
Clinical & Reentry Services

# Presentation Outline



## Screening & Assessment



### Program Implementation

1. Structure Environment
2. Enhancing Capacity (client)
3. Enhancing Capacity (staff)
4. Improve Motivation
5. Generalize Skills



## Reentry Outcomes





# Screening & Assessment

# Who's in the FCSO?

## Medium Security

**A POD (6)**  
Orientation,  
Detox, MH  
Watch  
Accountability  
Unit

**B POD (15)**  
  
Intensive  
Women's  
Program

**C POD (42)**  
  
Pre-Trial  
Men's  
Program

**D POD (59)**  
  
Intensive  
Men's  
Program

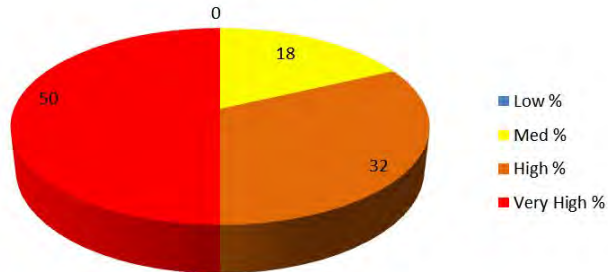
**Minimum  
Security (20)**  
  
Treatment  
Step Down

**Pre-Release  
(9)**  
  
Treatment  
Step Down

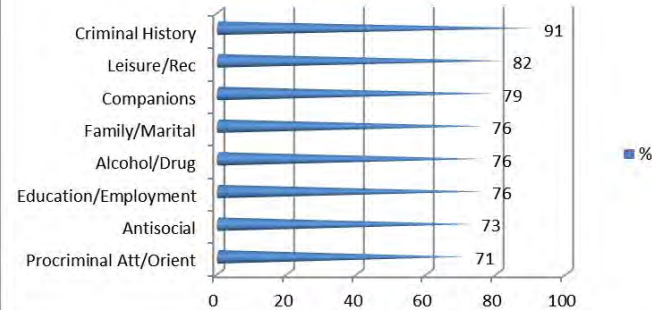
**Post-Release  
(150+)**

## Assessment Data for Franklin County Inmates

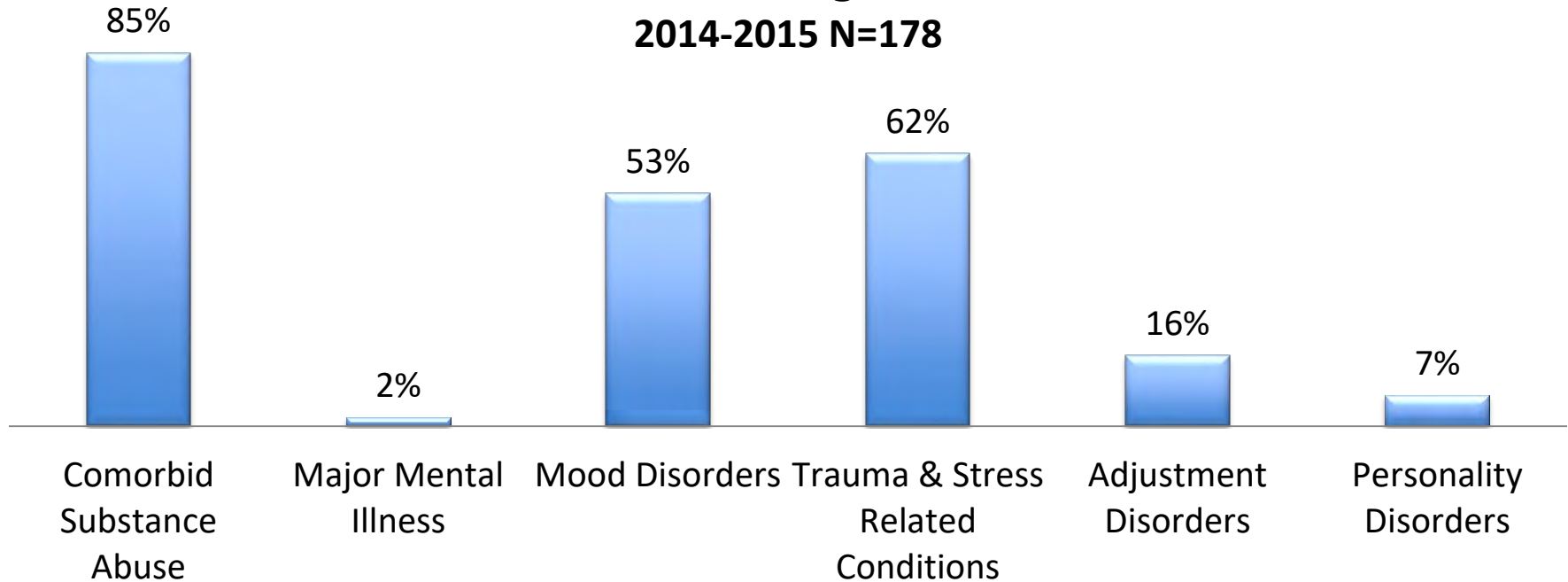
### Overall Risk / Needs



### Criminogenic Factors



## Clinical Diagnoses 2014-2015 N=178





# Reentry Assessment

Reentry Needs		Comments
	No	Yes
Birth Certificate?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Papework complete for Greenfield Ma. To be placed in the mail today (8/1/17 KC)
Veterans Referral?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Not needed (8/1/17 KC)
Parole?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Interested in parole (8/1/17 KC)
Parole Officer Name:	n/a	
Housing?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Will return home to live with girlfriend at XXXXXXXX (8/1/17 KC)
Mental Health?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		History with ServiceNet, interested in returning (8/1/17 KC)
Employment?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Acquired auto detailing skills while previously at FHOc, wants to work in auto detailing post-release (8/1/17 KC)
Transportation?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Never had a drivers license. Interested in relying on support from the Reentry team for transportation post-release (8/1/17 KC)
Recovery Support?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Self-reports to not have SUD (Substance Use Disorder) (8/1/17 KC)
Medical?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		History of seeing a PCP at [redacted] Group/Greenfield, interested in returning post-release
SNAP?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Interested in SNAP benefits post-release (8/1/17 KC)
Community Reentry Group?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Interested in Reentry Group information to be placed on Reentry Plan (8/1/17 KC)
DCF?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Reports DCF involvement: Case Worker PCSO ROI (release of info) signed by [redacted] in 6-part folder. (8/1/17 KC)

Reentry Needs		Comments
	No	Yes
SSN Card?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Needs SS Card
Health Insurance?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Self-reports that MassHealth is currently active (8/1/17 KC)
Probation?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Not on probation (8/1/17 KC)
Probation Officer Name:	n/a (8/1/17 KC)	
Drug Court?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		n/a (8/1/17 KC)
Clothes?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Will need clothing voucher (8/1/17 KC)
Education?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Received HISET in 2013 at FHOc. Interested in higher ed post-release. Email sent to [redacted] : Mass Rehab, Steve will check in with him on 8/2... (8/1/17 KC)
ID Card?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Needs MassState ID (8/1/17 KC)
Reentry Case Mgt?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Michael has a history of working with [redacted] He is interested in receiving Reentry support (8/1/17 KC)
Prescriptions?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Will need prescriptions and appointments with prescribers post-release (8/1/17 KC)
MAT?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		n/a
DOR?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Has child support payments, self-reports to be behind by \$800. Email sent to Attorney [redacted] (8/1/17 KC)
Other Needs?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		not at this time (8/1/17 KC)

# RNR Assessment (LSRNR)

	Score	No	Yes
Criminal History:	<input type="text" value="7"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Education / Employment:	<input type="text" value="8"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Family / Marital:	<input type="text" value="3"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Leisure / Recreation:	<input type="text" value="2"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Companions:	<input type="text" value="4"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Alcohol / Drug Problem:	<input type="text" value="5"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Procriminal Attitude / Orientation:	<input type="text" value="3"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Antisocial Pattern:	<input type="text" value="3"/>	Strength? <input checked="" type="checkbox"/>	<input type="checkbox"/>
Section 1 Total Score: <input type="text" value="35"/>		Risk / Need: <input type="text" value="Very High"/>	
<div>No Yes</div>			
Client-Based / Clinical Override?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<div>No Yes</div>			
Administrative / Policy Override?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Final LS/RNR Risk / Need Level:		<input type="text" value="Very High"/>	

# Substance Abuse History

Inmate Substance Abuse History

Recorded: Sep-20-2016 By: Updated: Dec-08-2016 By:

Substance Use	No	Yes	Age First Used	Last Used	Frequency of Last Use	Used via
Alcohol?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	16	3-11MONTHS	1-3X/AWEEK	ORAL
Cocaine?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	16	3-11MONTHS	LT 1AMONTH	INHALE
Crack?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Marijuana / Hashish?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	11	3-11MONTHS	DAILY	SMOKE
Heroin?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	23	3-11MONTHS	DAILY	INJECT
Prescribed Opiates?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Non-prescribed Opiates?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
PCP?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Other Hallucinogens?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Methamphetamine?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Other Amphetamines?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Benzodiazepines?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Barbiturates?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Inhalants?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Club Drugs?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Other Drugs?	<input checked="" type="checkbox"/>	<input type="checkbox"/>				

Primary Substance: HEROIN Secondary: MARI-HASH Third: ALCOHOL

Times overdosed (Lifetime): 0 (Last year):

Any Other Comments:

Save / Exit Don't Save / Exit

# Clinical Intake

FCSO Intake

Name:

Clinician:

Length of Sentence:

Date of assessment:

ACE			BSCQ		
CompACT			TAS		
OE	BA	VA	DDF	DIF	EOT

Group Determination

Presenting Concerns

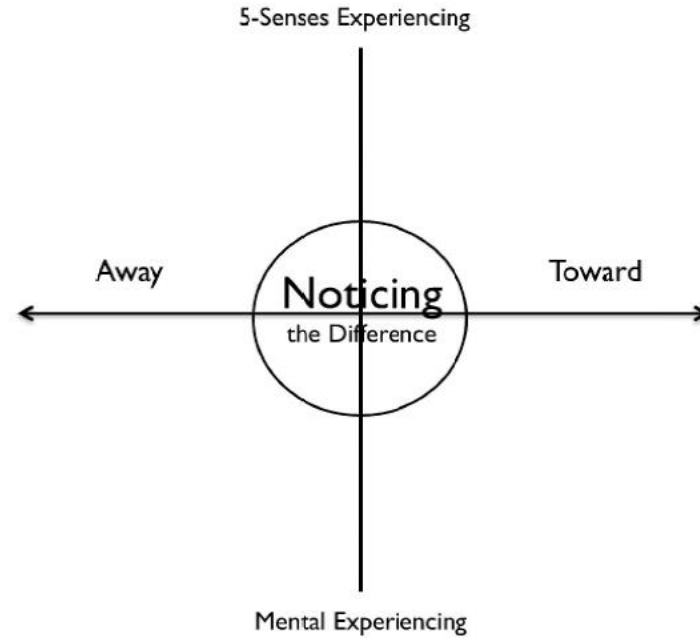
Diagnosis

Genogram

*(Draw a genogram and insert it in the space below)*

## The Psychological Flexibility Model Matrix

Kevin L. Polk, Ph.D.



Zooming way out, when we break it down,  
behavior falls primarily into two directions:

Behaviors that move  
us away from  
something  
(adverse control)



Unworkable

Behaviors that move us  
toward something  
(appetitive control)

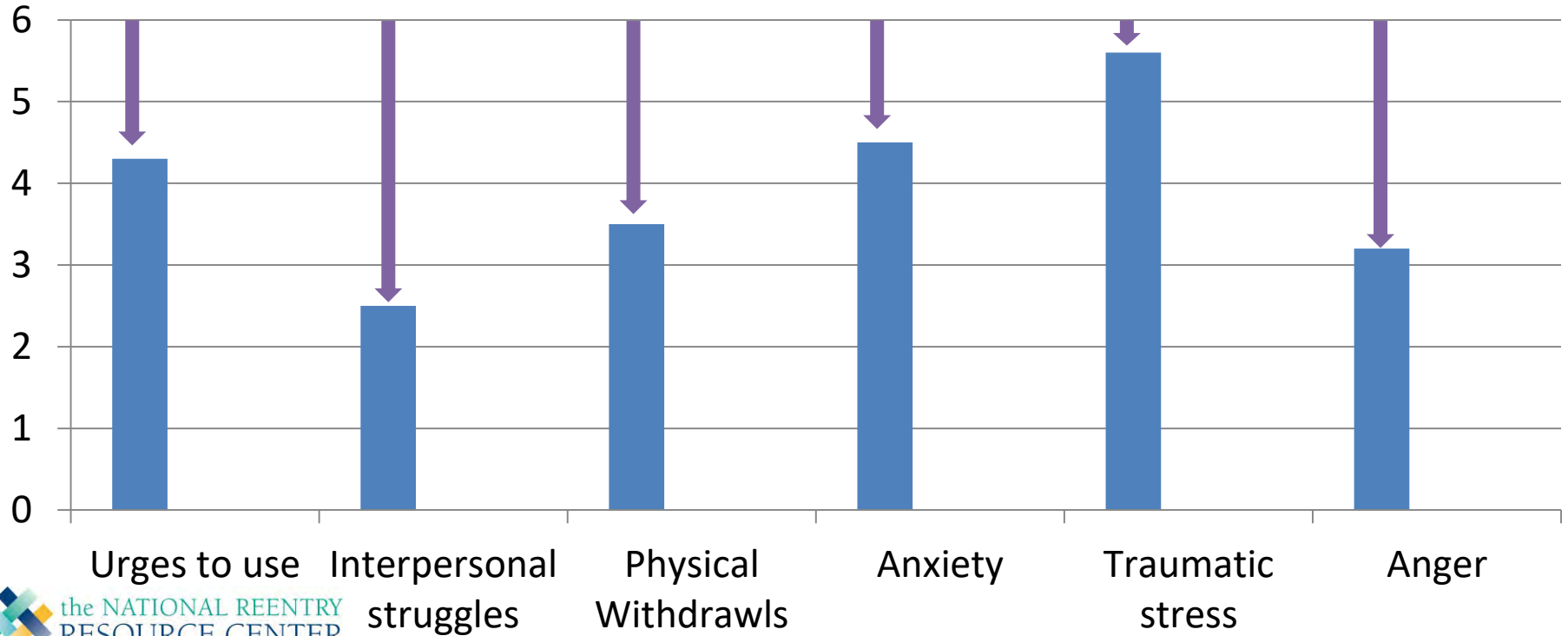


Workable



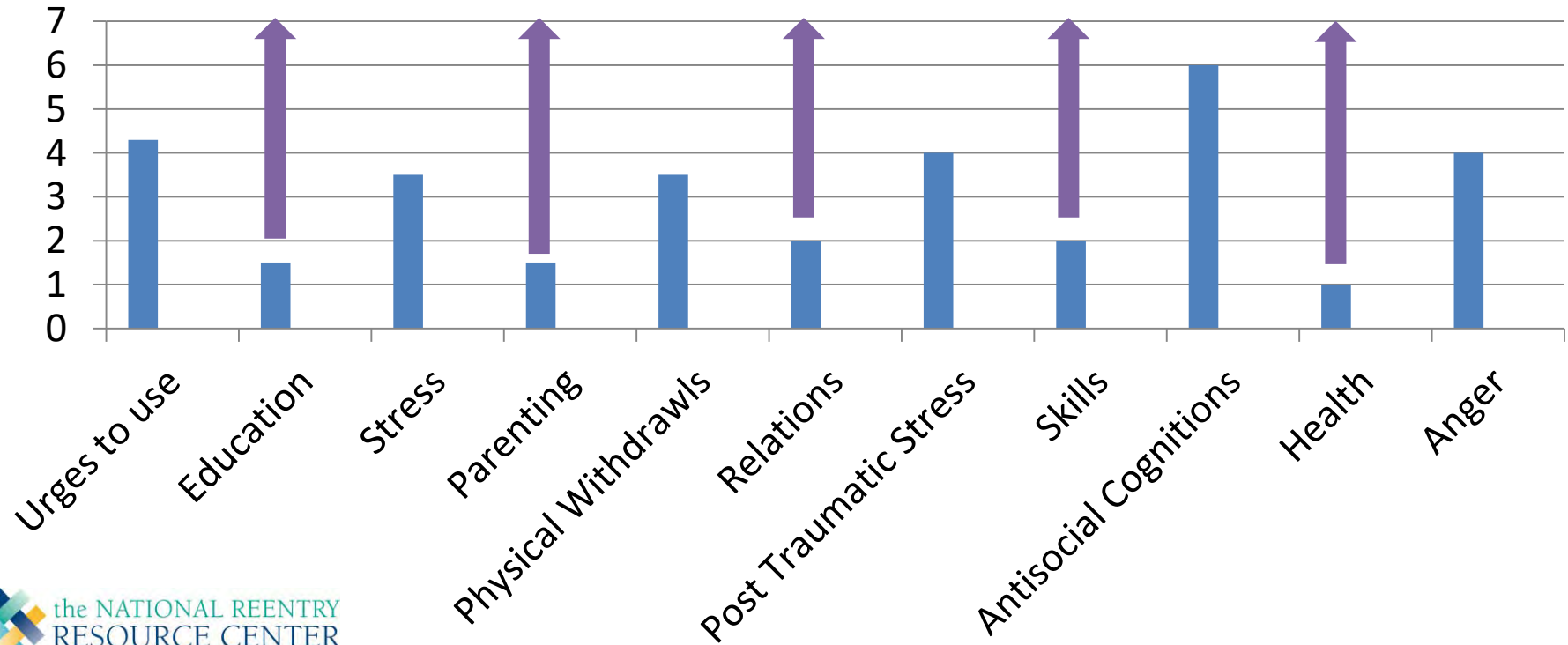
The behaviors of individual's stuck in the criminal justice system are dominated by behaviors governed by adverse control

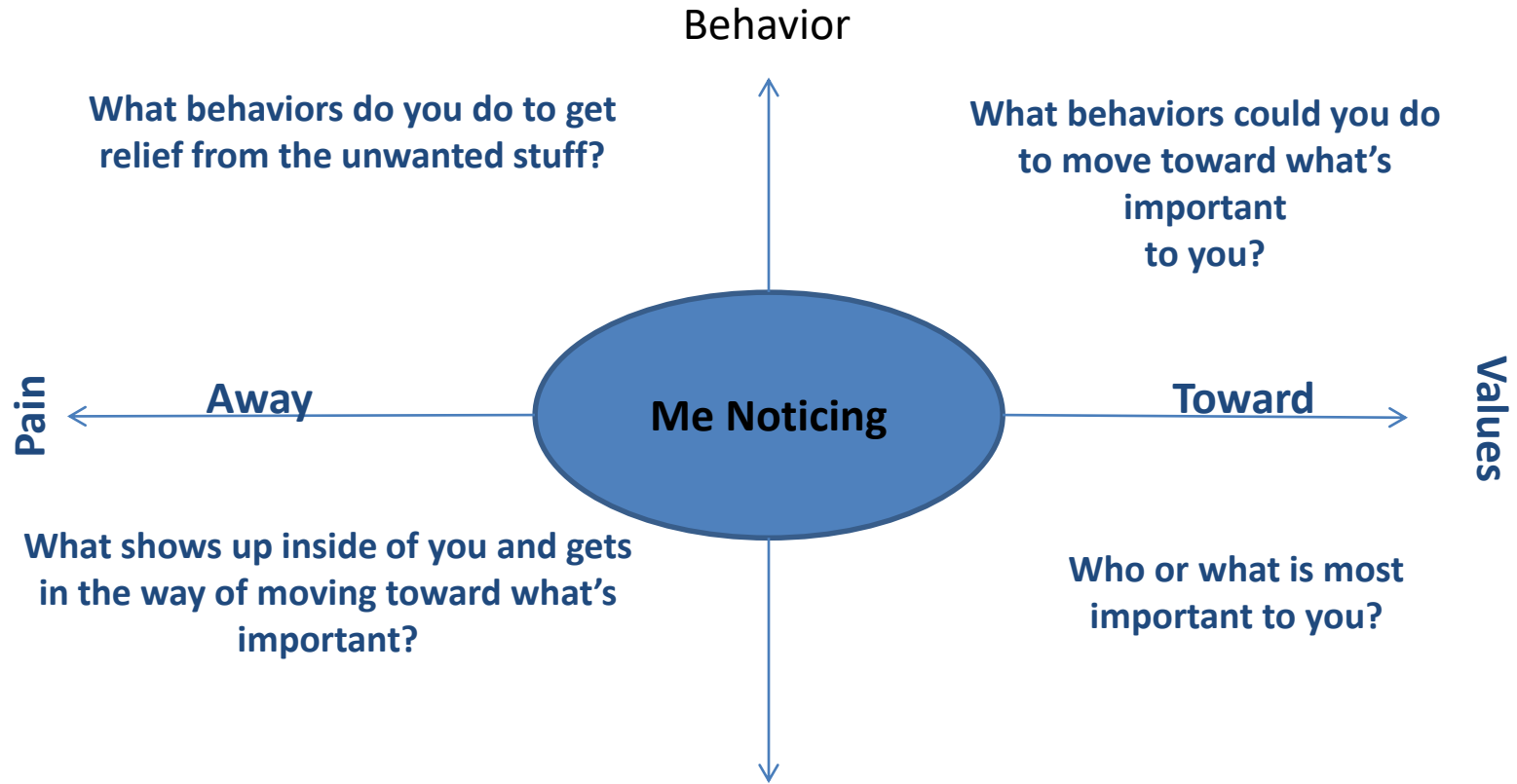
# Condition Suppression

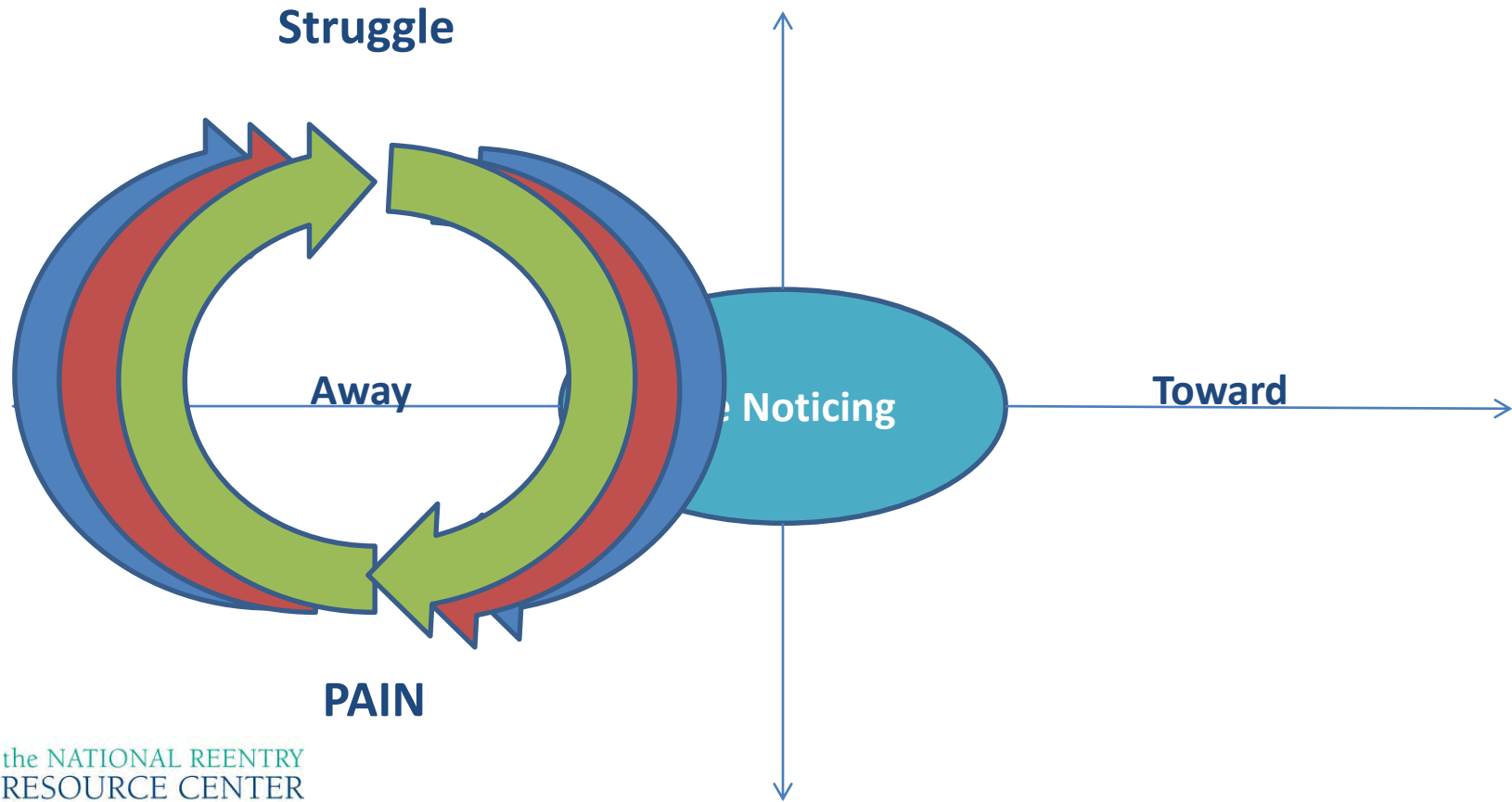




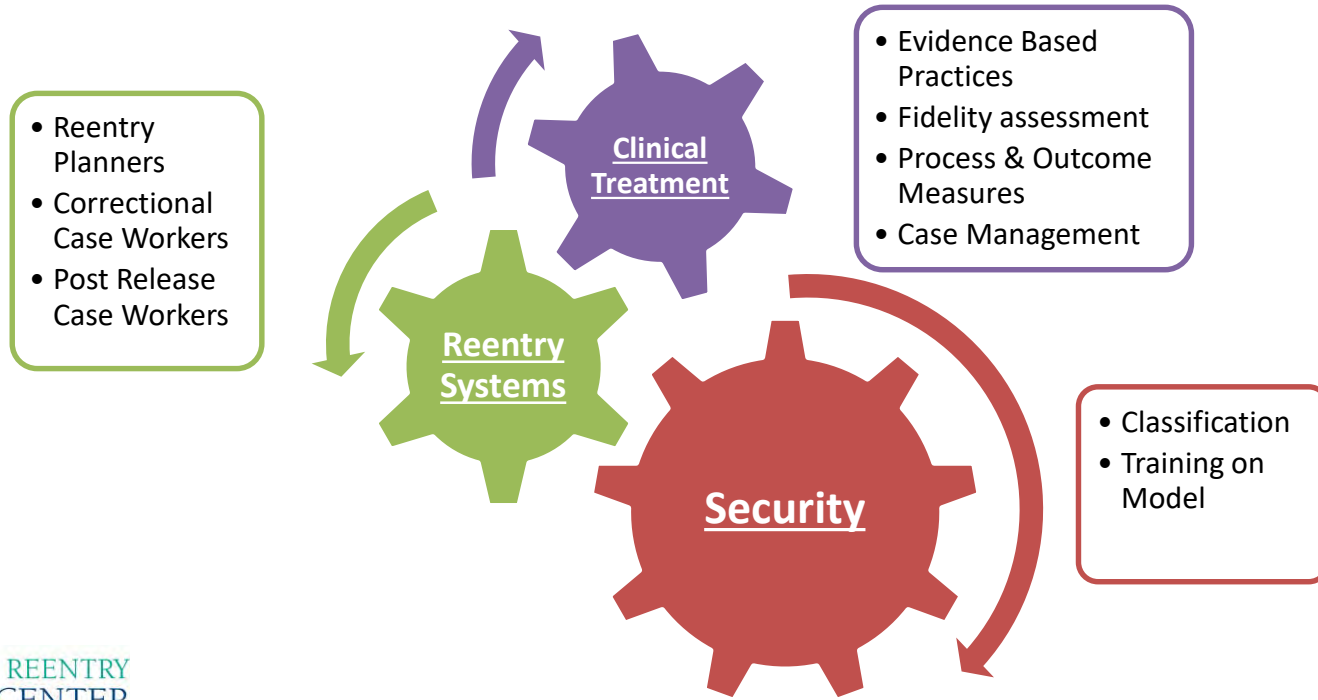
# The Goal







# Program Implementation





FUNCTION:  
Structure the environment

# Work Flow




# Re-entry Overview



- Reentry begins on day 1 of incarceration
- Counselors assess reentry needs and create a discharge plan
- A reentry planning meeting occurs in the last month of the incarceration
- Peer Mentors/Case Managers meet with clients prior to leaving FCHOC and provide post release peer support and linkage with community resources – clinical, medical, service provider, etc.
- Post Release Clinical Group
- A strong collaboration with the courts and probation

# In-House Reentry Services



Franklin County Sheriff's Office, Greenfield MA

0 to 30 Days In FCHC	Staff	Process
Birth Certificate		
SSN Card		
Veterans Referral		
MA Health		
MAT (Medically Assisted Treatment)		
Drug Court		
DCF		
<b>30 to 60 Days In FCHC</b>		
Parole		
Probation		
Housing – ½ Way		
Housing – Sheltering		
Housing – for men with a sex offense		
Housing – Winslow Initiative		
DMH Referral		
<b>90 Days Before Release</b>		
Employment needs		
Employment Readiness Classes		
<b>60 Days Before Release</b>		
MA Health		
Clothing		
<b>30 Day Before Release</b>		
Transportation Needs		
ID		
Recovery Supports		
Reentry Case Management		
Reentry Planning Meeting Referrals		
<b>1 week before</b>		
Exit Interview		
Medical discharge meeting		
SNAP (1-week before release)		



## Medium Security

Pod C: Pre-Trial

Pod A: Accountability Unit

Pod D: Intensive Treatment  
Unit

## Treatment Continuum



### Minimum Security Treatment Unit

Highly Structured  
Environment

Intensive Clinical  
Programming

Continued Treatment  
  
More Vocational  
Training Opportunities

### Pre-Release House

Treatment to the  
Community

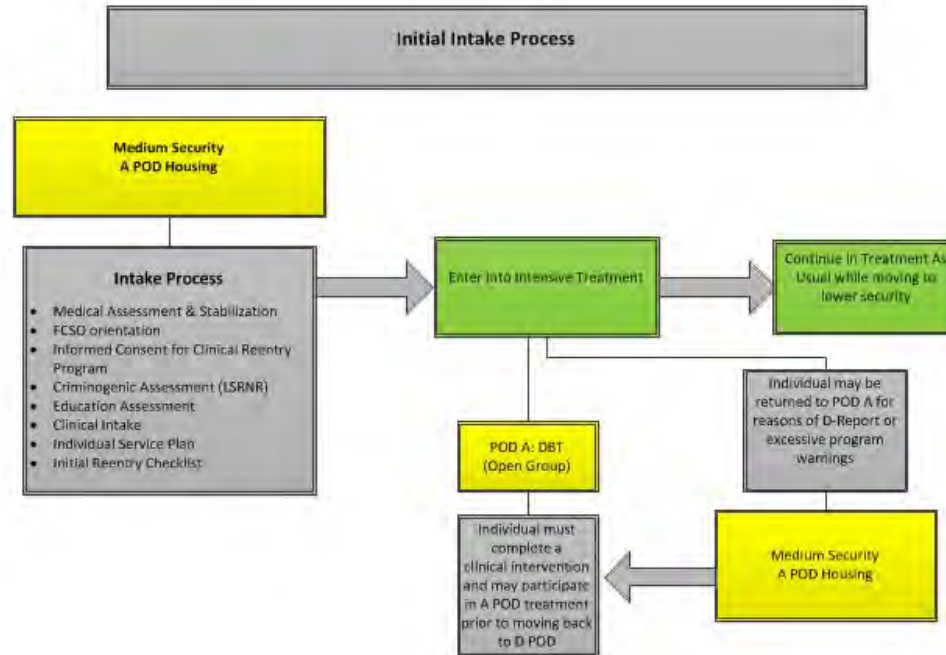
Focus on Job  
Placement

### Post Release Case Work

Reentry Services

Outreach Case  
Workers  
“coaches”

# Treatment Flow & Intervention System

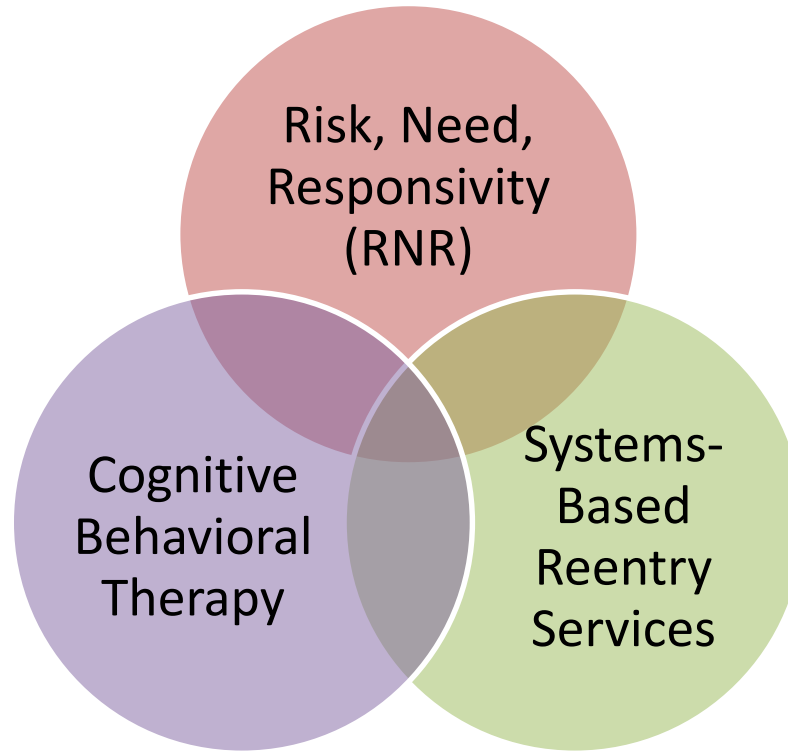


# Programming Structure

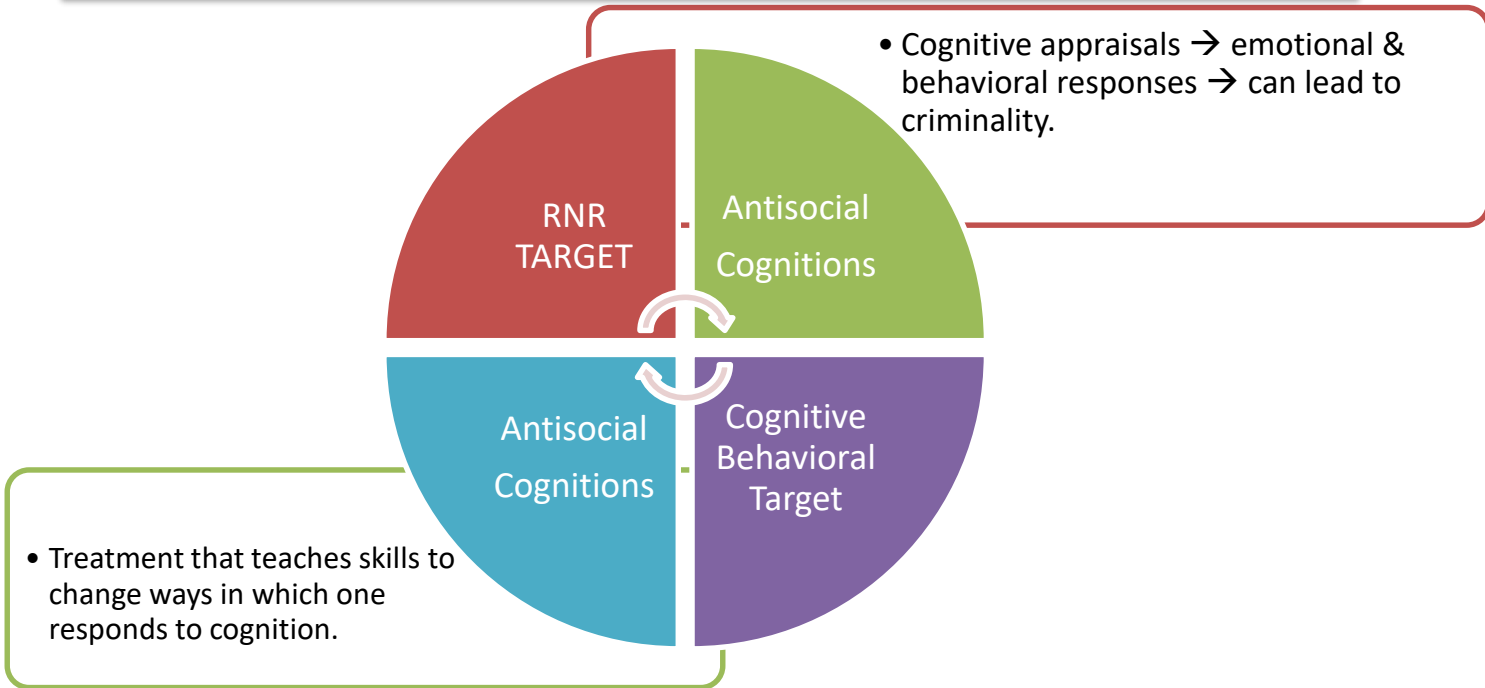
Medium Security														
Monday			Tuesday			Wednesday			Thursday			Friday		
Block 1 9:00-10:00	Class A		8:15-8:45	Morning Meeting		Block 1 9:00-10:00	Class A	Writing Skills Doug 9:30 - 11:30	8:15-8:45	Morning Meeting		Block 1 9:00-10:00	Class A	DBT/ACT Skills 5 Nicole & Ruben
	Class B	DBT/ACT Skills 5 Nicole & Ruben	8:45-9:30	Mindfulness Nicole			Class B	DBT/ACT Skills 5 Nicole & Ruben	8:45-9:30	Mindfulness Alex			Class B	DBT/ACT Skills 5 Nicole & Ruben
	Class C	DBT/ACT Skills 6 Stephanie & Jenn A					Class C	DBT/ACT Skills 6 Stephanie & Jenn A					Class C	DBT/ACT Skills 6 Stephanie & Jenn A
	Women's Unit	ACT/DET Alex & Jenn B		Class A	Writing Skills Doug 9:30 - 11:30		Women's Unit	ACT/DET Alex & Jenn B		Class A	Writing Skills Doug 9:30 - 11:30		Women's Unit	ACT/DET Alex & Jenn B
	HP C			Class B			HP C			Class B			HP C	
	HP D			Class C	Mindfulness Based Sobriety Nicole & Ken		HP D			Class C	Mindfulness Based Sobriety Nicole & Ken		HP D	
	Unit-D Day Room			Women's Unit	Nurturing Program Stephanie & Jennie		Unit-D Day Room			Women's Unit	Nurturing Program Stephanie & Jennie		Unit-D Day Room	
	Other			HP C			Other			HP C			Other	GOC Organic Gardening 8:30 - 11:30
Off Site			HP D		Off Site			HP D		Off Site	Woolstar Care Management HHS 8-9 Jenn A			
D Pod Reentry Office Hours 10:00-11:00 Ruben				Unit-D Day Room		D Pod Reentry Office Hours 10:00 - 11:00 Jenn A				Unit-D Day Room		B Pod Reentry Office Hours 10:00 - 11:00 Jen B		
Block 2 10:15 - 11:15	Class A			Other		Block 2 10:15 - 11:15	Class A	Writing Skills Doug 9:30-11:30		Other		Block 2 10:15 - 11:15	Class A	
	Class B	DBT/ACT Skills 4 Nicole & Lauren		Off Site			Class B	DBT/ACT Skills 4 Nicole & Lauren		Off Site			Class B	DBT/ACT Skills 4 Nicole & Lauren
	Class C	DBT/ACT Skills 2 Alex & Kate	LUNCH 11:00-11:30				Class C	DBT/ACT Skills 2 Alex & Kate	LUNCH 11:00-11:30				Class C	DBT/ACT Skills 2 Alex & Kate
	Women's Unit	Creative Writing/Book Club Amanda		Class A	ABE 2 Doug 12:30 - 2:30		Women's Unit	Staying Connected - Stephanie & Jennie		Class A	ABE 2 Doug 12:30 - 2:30		Women's Unit	Creative Writing/Book Club Amanda
	HP C			Class B	Nurturing Program Stephanie & Corey		HP C			Class B	Nurturing Program Stephanie & Corey		HP C	Protrial Det Alex & Laver
	HP D			Class C	T4C (section 1, 2) - Gary & Kate		HP D			Class C	T4C (section 1, 2) - Gary & Kate		HP D	
	Unit-D Day Room			Women's Unit			Unit-D Day Room			Women's Unit	Education class		Unit-D Day Room	
	Other			HP C	Protrial Det Alex & Laver		Other			HP C	Protrial Det Alex & Laver		Other	GOC Organic Gardening 8:30-11:30
Off Site			HP D		Off Site			HP D		Off Site				
LUNCH 11:00-11:30				Unit-D Day Room		LUNCH 11:00-11:30				Unit-D Day Room		LUNCH 11:00-11:30		
DBT Clinical Team Meeting 11:30-12:45				Other		Minimum Security Meeting 11:30-12:30				Other		Medium Security Meeting 11:30-12:30		
MED PASS 12:30-1:00				Off Site		MED PASS 12:30-1:00				Off Site		MED PASS 12:30-1:00		
Block 3 1:15-2:15	Class A	INSET 1 Bob 12:30-2:30	MED PASS 12:30-1:00			Block 3 1:15-2:15	Class A	ABE 2 Doug 12:30 - 2:30	MED PASS 12:30-1:00			Block 3 1:15-2:15	Class A	DBT/ACT Skills 3 Alex & Amanda
	Class B	DBT/ACT Skills 3 Alex & Amanda	Classification 12:00-1:30				Class B	DBT/ACT Skills 3 Alex & Amanda	Classification 12:00-1:30				Class B	INSET 1 Bob 12:30 - 2:30
	Class C	DBT/ACT Skills 1 Levin & Scott		Class A	ABE 2 Doug 12:30 - 2:30		Class C	DBT/ACT Skills 1 Levin & Scott		Class A	ABE 2 Doug 12:30 - 2:30		Class C	DBT/ACT Skills 1 Levin & Scott
	Women's Unit	Seeking Safety Nicole & Jennie		Class B	TABE Testing 1-3PM Steve ??		Women's Unit	Seeking Safety Nicole & Jennie		Class B	INSET 1 Bob 1-3		Women's Unit	Seeking Safety Nicole & Jennie
	HP C			Class C	ACTV Levin & Corey		HP C			Class C	ACTV Levin & Corey		HP C	
</														



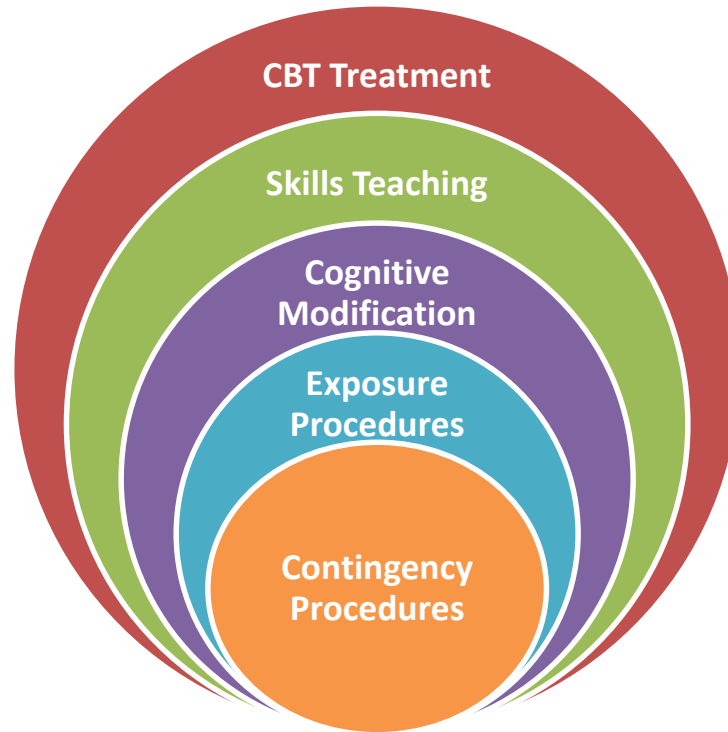
# Good programs stand on science and theory

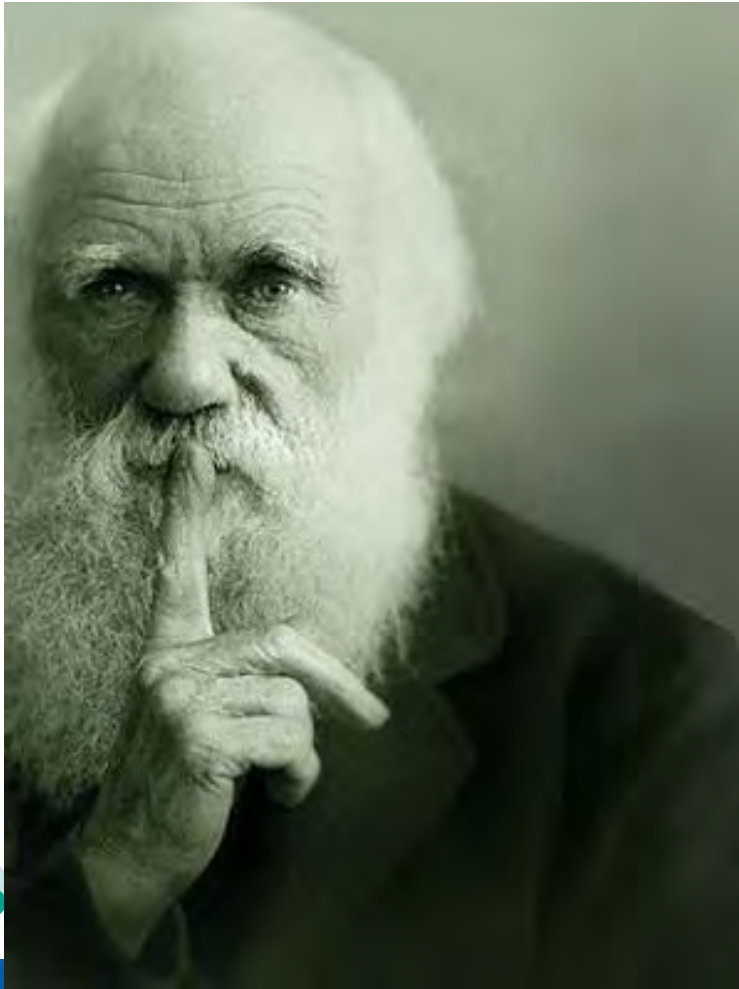


# CBT intervention through the lens of RNR

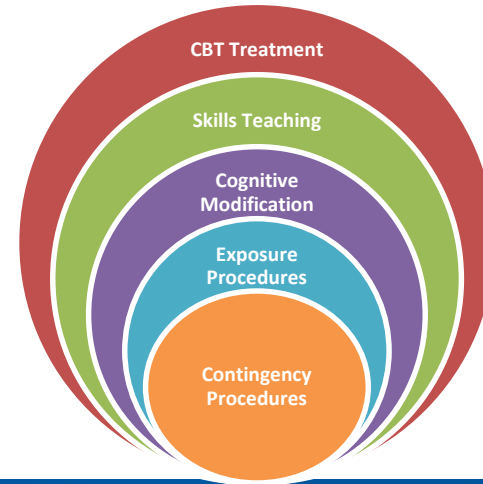
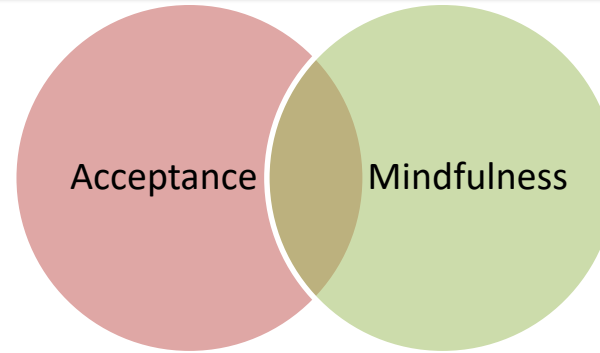


# Cognitive Behavioral Treatment



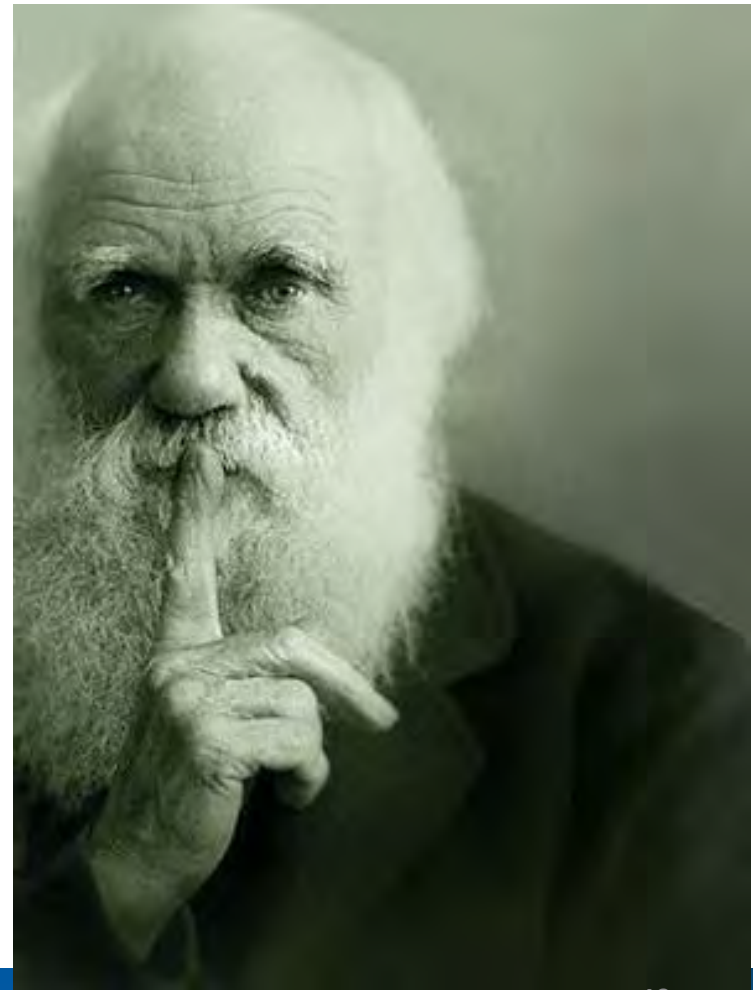
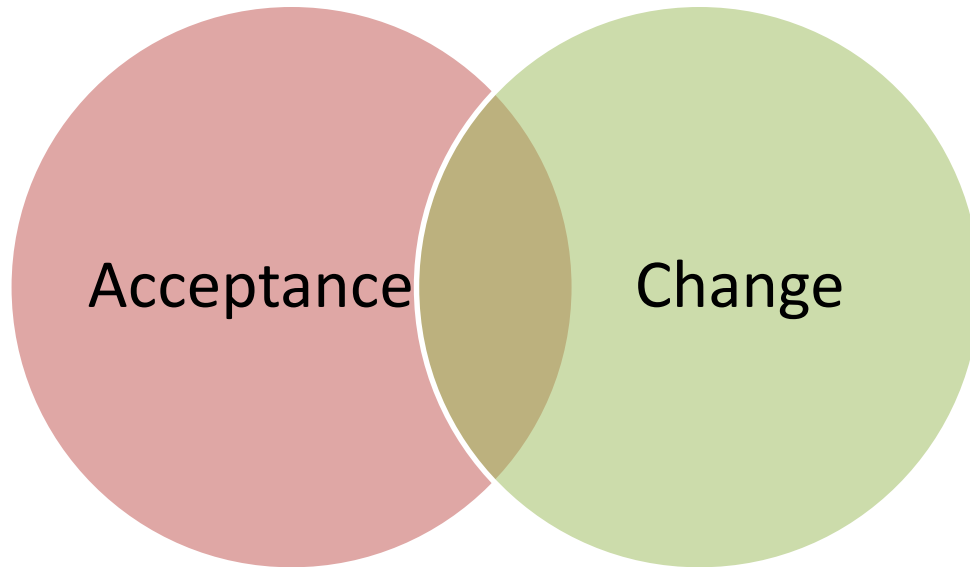


## 3<sup>rd</sup> Wave CBT Treatment

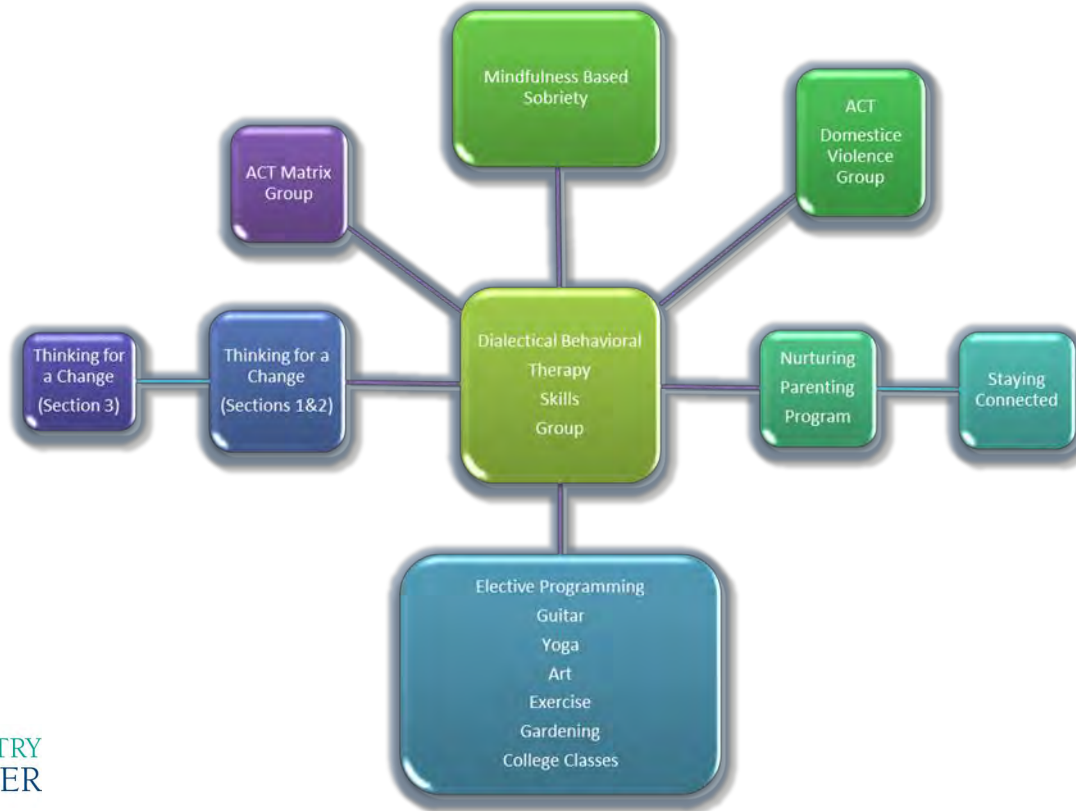




# Dialectics



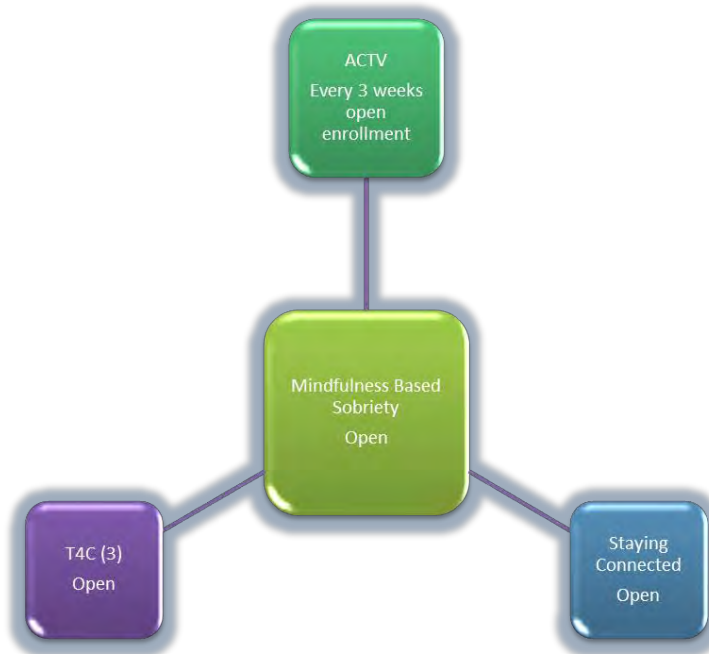
# Medium Security Men's Programming



# Medium Security Women's Programming



# Minimum Security Programming





FUNCTION:  
Enhance & Motivate Staff

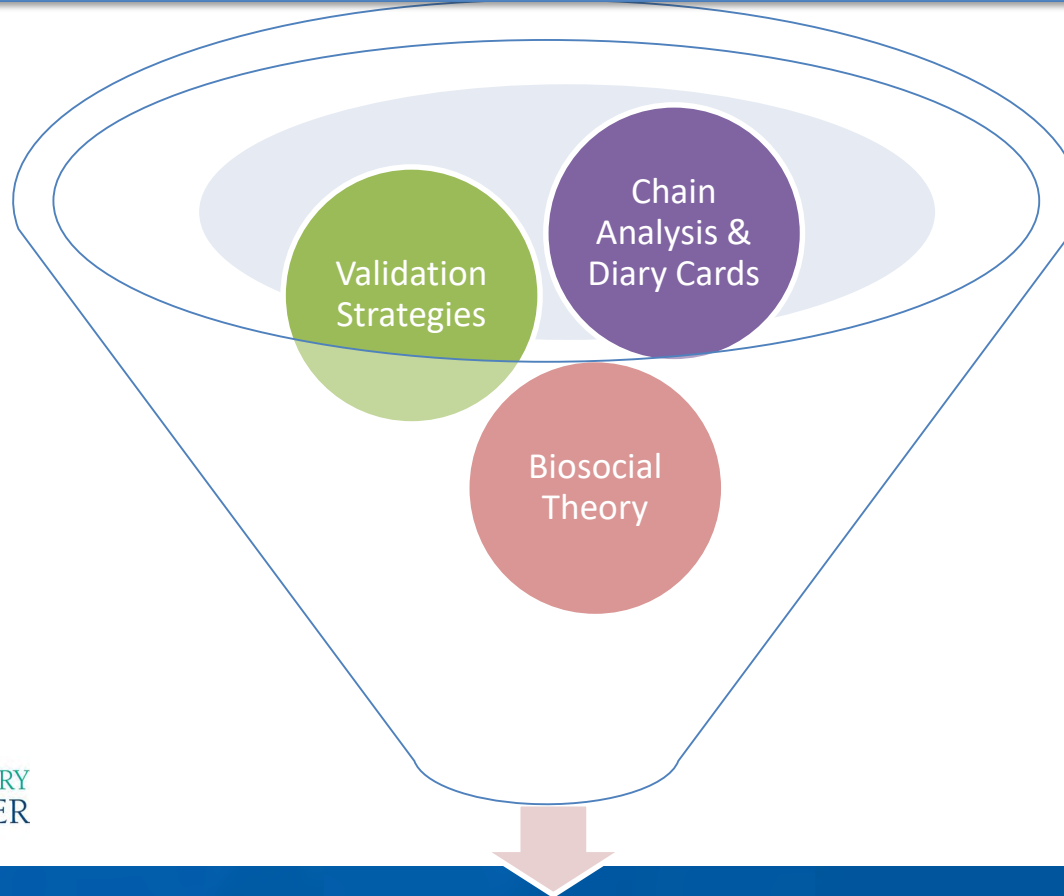
# Academy Training



# Risk Need Responsivity Training

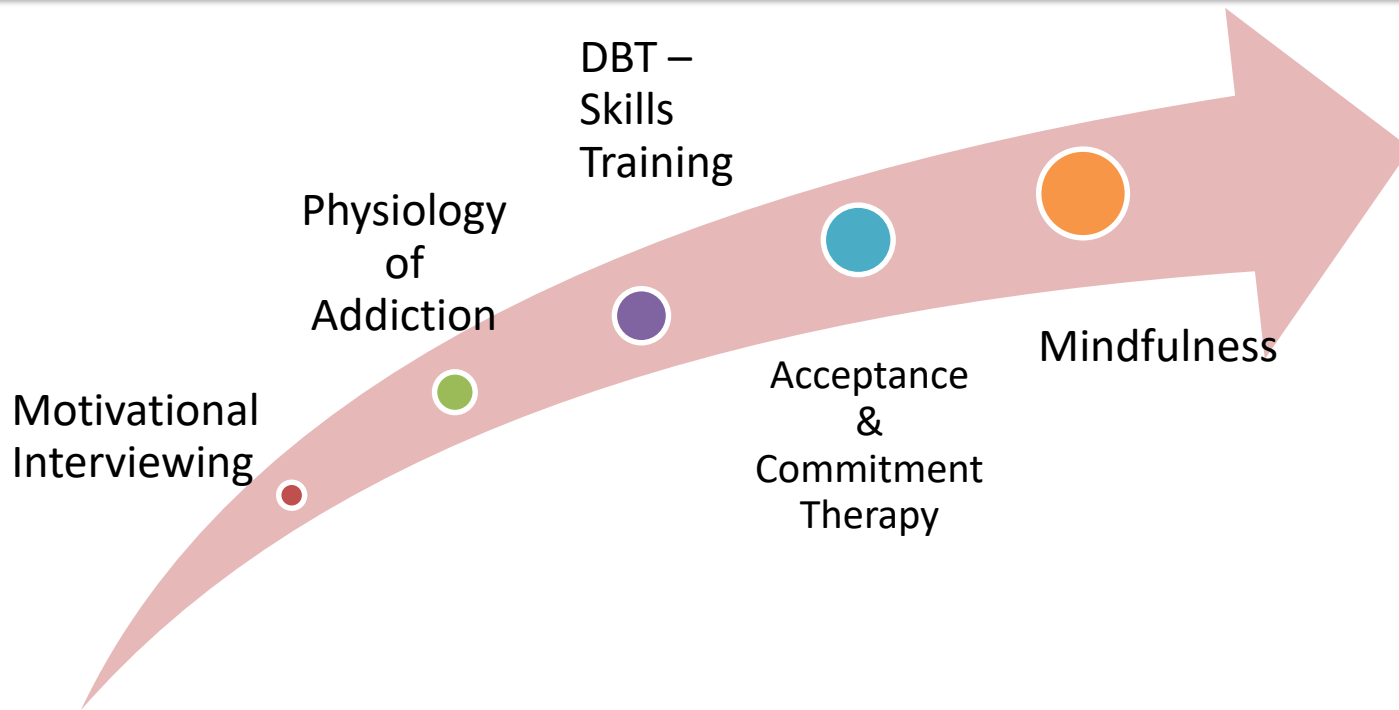


# Quarterly Training

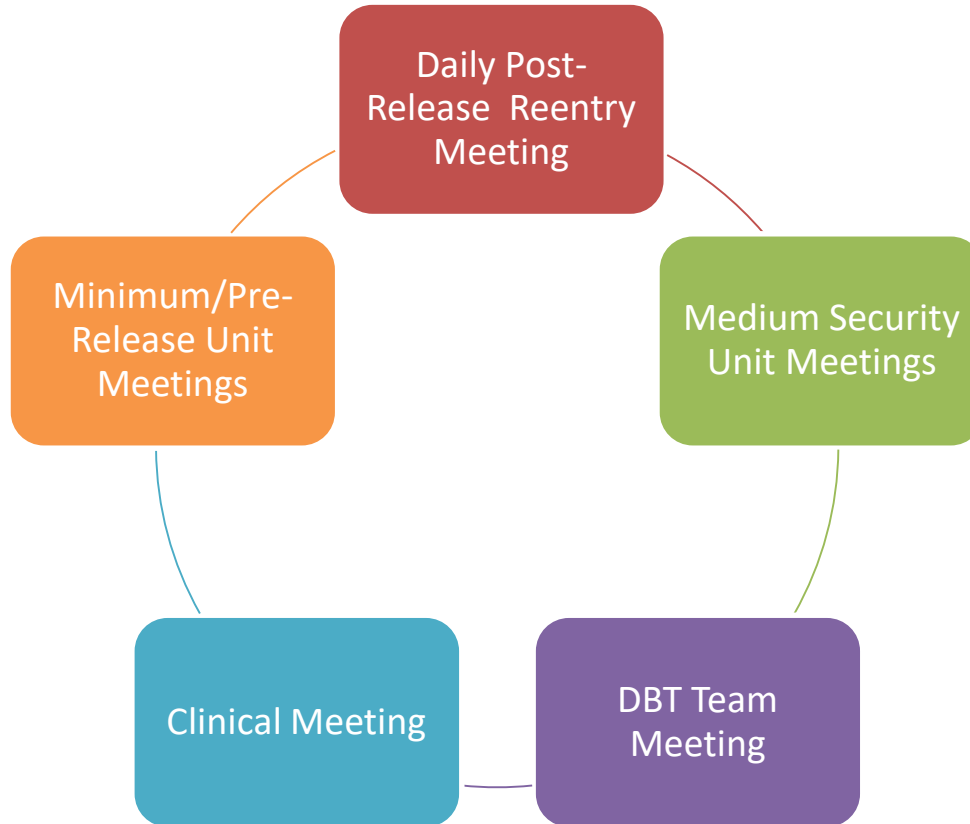




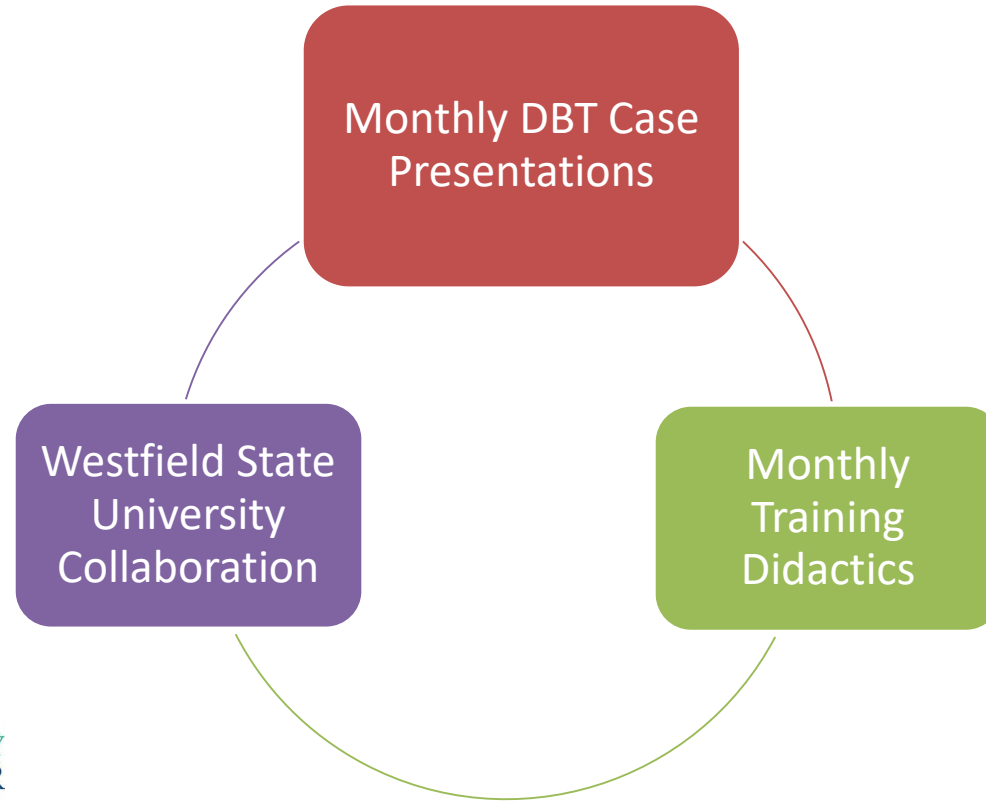
# Quarterly Training



# Reinforcing staff skills



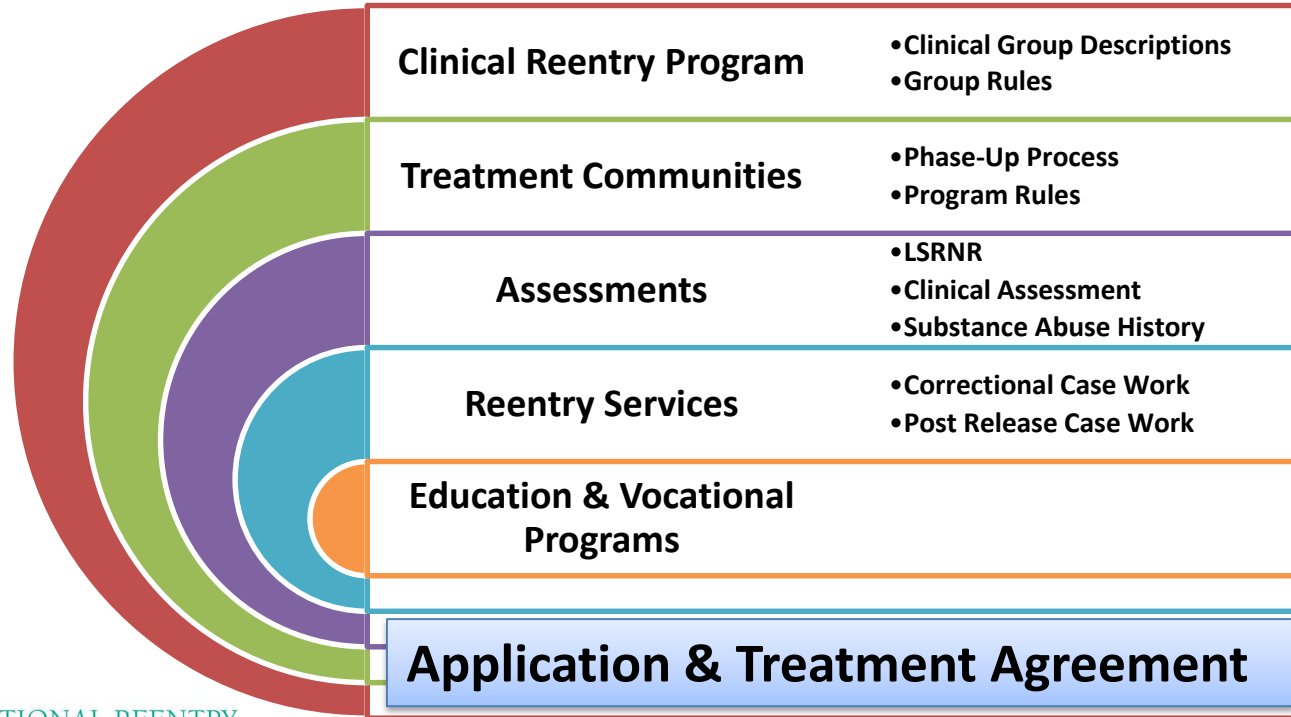
# Reinforcing & Teaching Staff Skills





FUNCTION:  
Improve Participant Motivation

# Informed Consent



# Adverse Control

High Volume

Consequences of criminality

- Withdrawal
- Physiological dysregulation
- Pain
- Stress
- Numbness
- Hopelessness
- Legal involvement
- Family cut-offs
- Anger/violence/guilt

## SKILLS ACQUISITION

- Distress Tolerance
- Interpersonal Effectiveness
- Emotional Regulation
- Mindfulness
- Psychological Flexibility

Negative emotions that were  
suppressed by drug/alcohol  
abuse

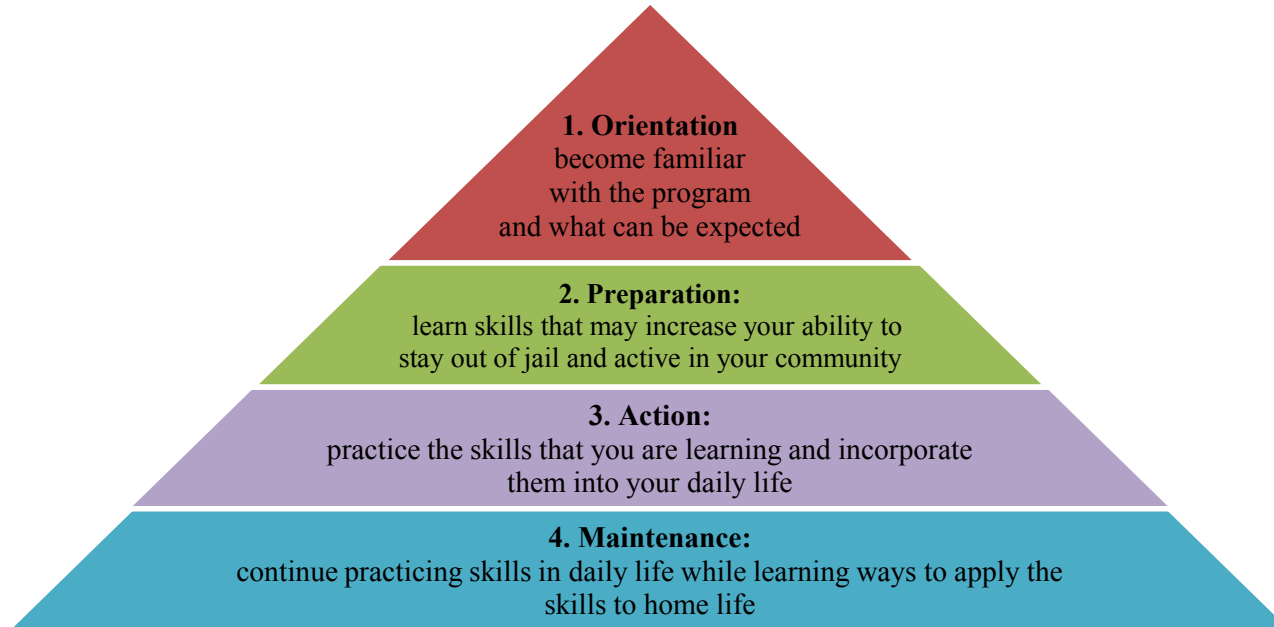
# Appetitive control

High Volume

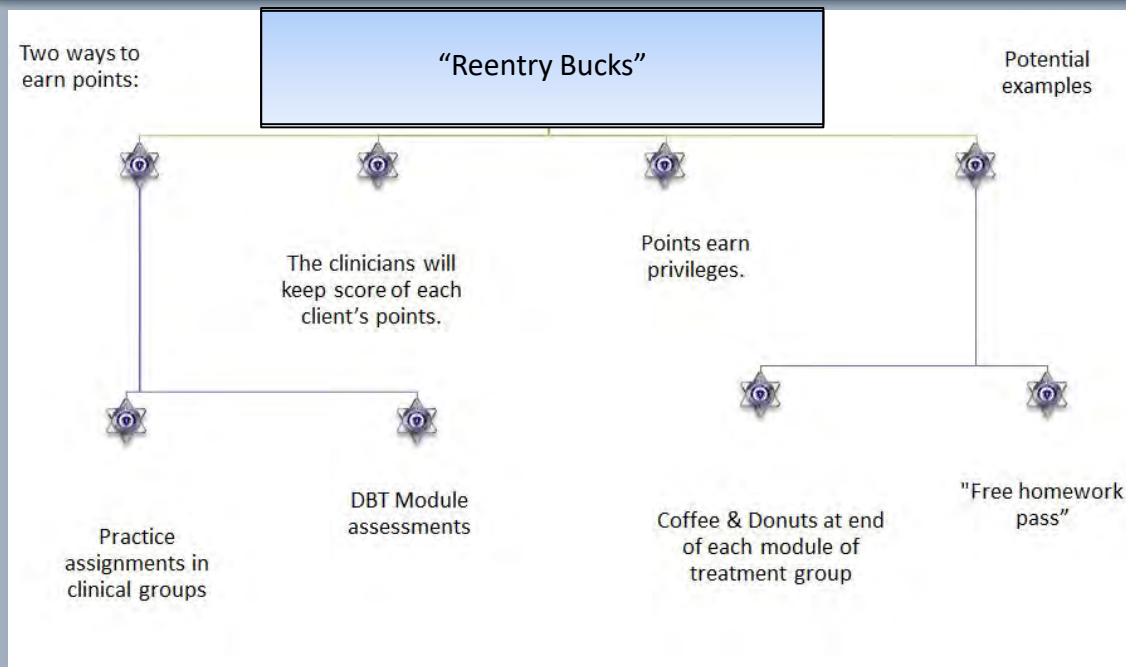
Values clarification  
Committed actions

- Difficulties of change
- Developing new behaviors
- Entering unfamiliar environments

# Phase Up Process: Incentivized Treatment



# Reinforcing Adaptive Behavior Contingency Management







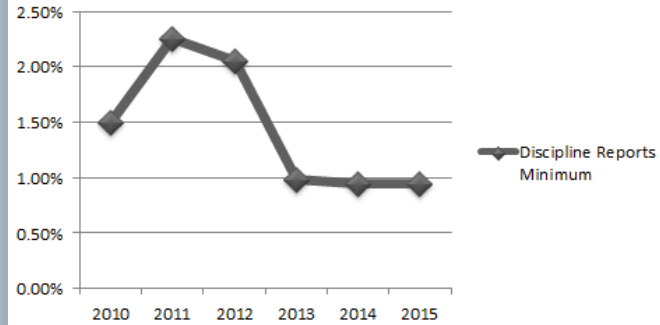
# Behavioral Principles Works!

Year	D Report A	D Report B	D Report C	D Report D	D Report Minimum	Total Bookings
2010	377	133	119	104	20	1335
2011	334	196	311	132	32	1422
2012	247	47	101	103	35	1708
2013	373	34	98	57	17	1726
2014	302	95	110	62	16	1708
2015	175	46	75	43	15	1571

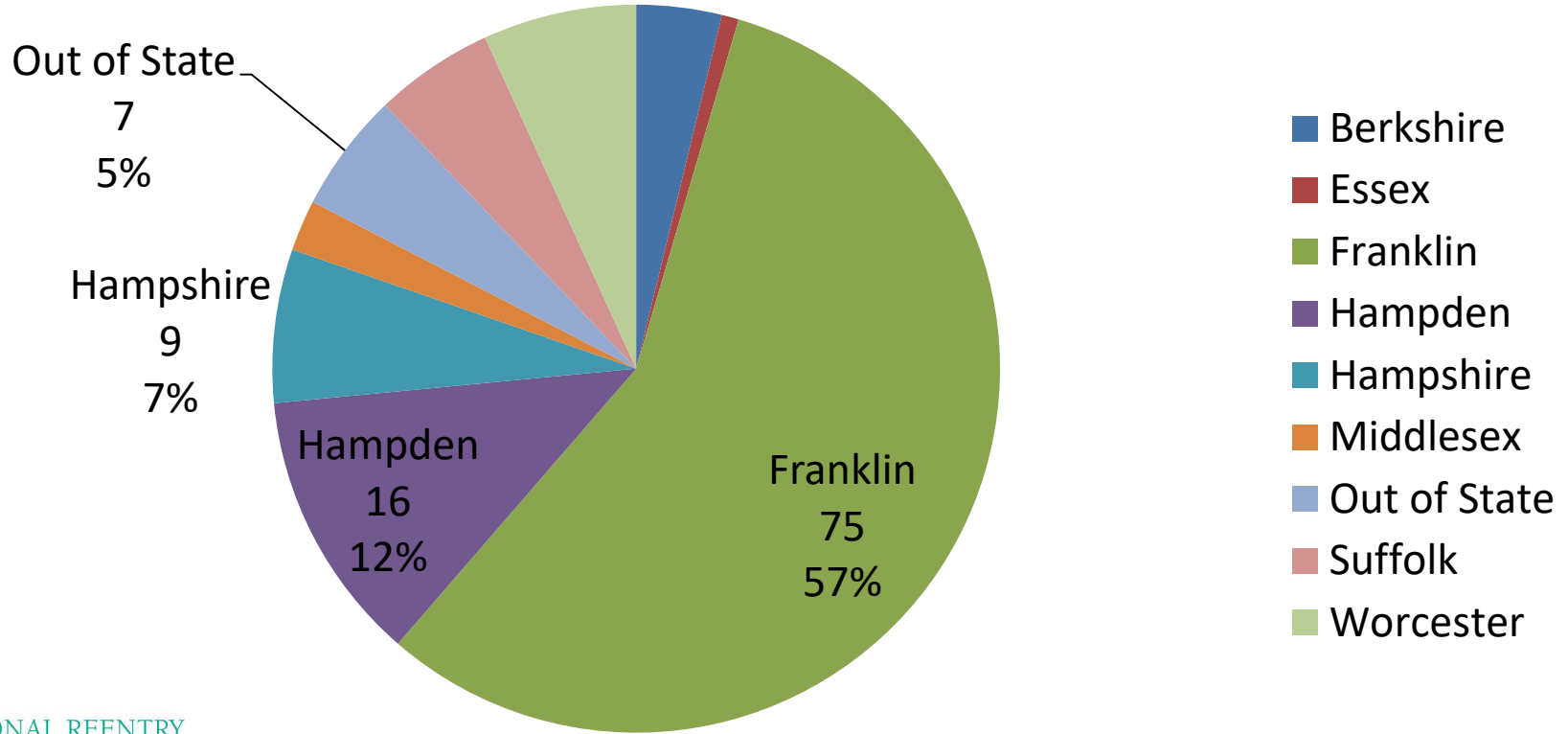
Discipline Reports Pod D



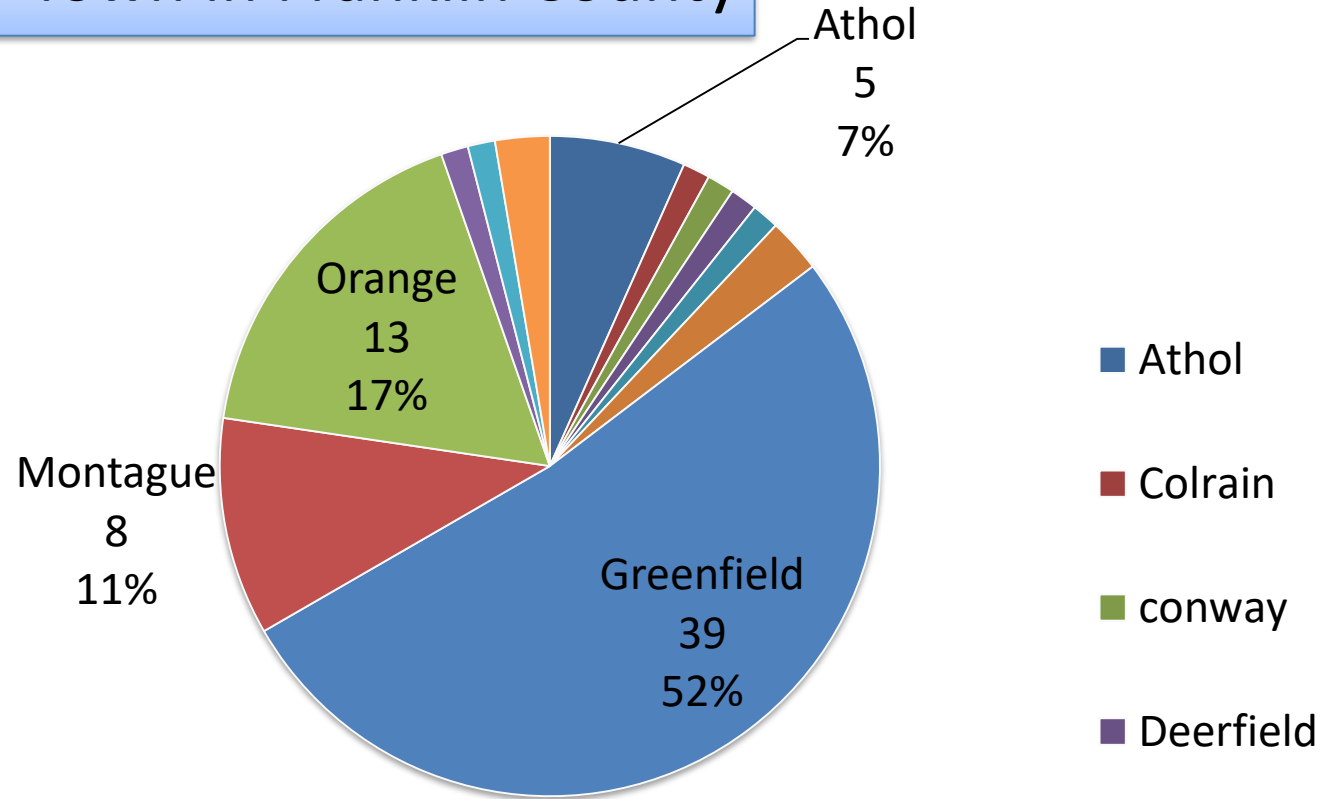
Discipline Reports Minimum



# Reentry By County



# Reentry by Town in Franklin County



# Reentry Plan

## Franklin County Sheriff's Office Client Reentry Plan - Post Release Copy -

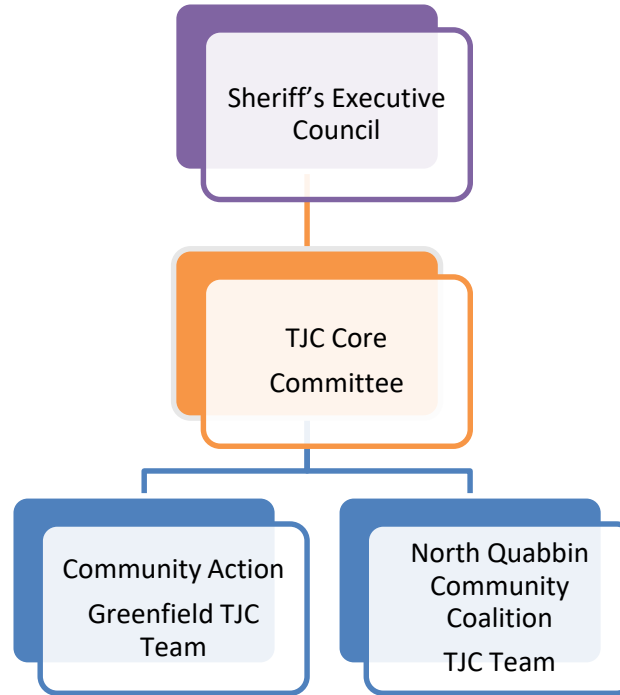
Name: XXXXXXXX

Date Released: xxxxxxxx

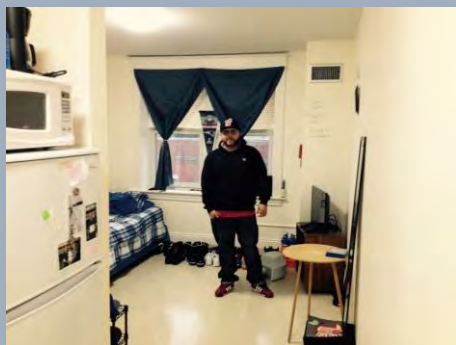
**The following needs have been identified and appointments / referrals may have been made prior to your release.  
If you have any questions or need assistance, contact your Reentry Coordinator: 413-774-4014**

Need	Resource Name	Resource Address	Phone #	Status	Instructions
Community Reentry Grp	Winslow Building	9 Wells Street Greenfield MA 01301		Given Information	Upon release attend weekly re-entry group for support, pizza and soda: Tuesdays, 6-7 PM, at Winslow Building, 9 Wells St., Greenfield MA.
Education	Mass Rehabilitation Commission - Greenfield	238 Main Street Greenfield MA 01301	413-774-2326	Appointment Made	Continue to seek electrical training through MA Rehab.
Employment	Mass Rehabilitation Commission - Greenfield	238 Main Street Greenfield MA 01301	413-774-2326	Appointment Made	Go to MA Rehab appointment with XXXXXX on 12/23/2014 @ 1:30 PM.
Employment	Franklin Hampshire Regional Employment Board	One Arch Place Greenfield MA 01301	413-773-1835	Given Information	You have an apt at Career Center on 12/17/14 at 2:30.
Food Stamps	Other - See Instructions	MA		Referred	Go to DTA with reentry case worker on day of release.
Health Insurance	Mass Health	MA	877-623-6765	Pending	Currently Active xxxxxxxxxxxx Care Plus BMC. However call MH customer service (1-800-841-2900 ext. 2-5-4) if they use Baystate services in Greenfield, Springfield or any of their affiliates to switch from their current BMC coverage to HNE Be Healthy or Masshealth PCC plan.
Housing	Winslow Building	9 Wells Street Greenfield MA 01301		Referred	You have been accepted into the Winslow. Go to lease up Apt on day of release.
Medical	Baystate Health - Greenfield	48 Sanderson Street Greenfield MA 01301	413-773-2022	Self Secured	You have an apt with Dr. Z. at Baystate Medical on 12/29/14 at 3:00 PM.
Mental Health	Service Net Outpatient Clinic	55 Federal Street Greenfield MA 01301	413-772-2935	Appointment Made	You have a counseling appointment with xxxxxxxxxxxx xxxxxxxx on 12/18/2014 @ 12 Noon.
Recovery Support	Clean Slate - Greenfield	278 Main Street Suite 307A Greenfield MA 01301	(413) 376-4343	Appointment Made	Go to your appointment at Clean Slate on Tuesday 12/16/2014 @ 2:30 PM.
Recovery Support	Other - See Instructions	MA		Pending	Use your Relapse Prevention Plan which is going to meetings, getting a sponsor, working AA and NA, going to counseling, staying on his medications, using Clean Slate, changing his friends, and staying productively occupied.
Reentry Case Managem	Other - See Instructions	MA		Referred	David Lepore is assigned as Reentry Case Manager (413) 320-7274
Transportation	Other - See Instructions	MA		Pending	Reentry case worker will pick you up on day of release.

# Transition from Jail to Community Collaboration



# Employment and Housing Program



- Partnership with Career Centers
- Job Readiness classes in Medium Security
- Focus on Vocational Training in Minimum Security
- Increased Job Placement Opportunity in Pre-Release/Work-release House
- Strong collaboration with local Chamber of Commerce and regional employers
- Housing Placements at Recovery Homes through the State
- Partnership with the Greenfield Housing Authority to place individuals in subsidized housing

# Reentry Data: 2017

**Mental Health & Substance  
Abuse Treatment  
Appointment Upon Reentry**



**69% Placement**

**Department of Mental Health  
Clients upon Reentry**



**10% Eligible and  
Referred for Services**



# Reentry Data: 2017

**Reentry with Active Health  
Insurance**



**89% Active  
Health Insurance**

**Primary Health Care  
Appointment upon Reentry**



**62% Reentered with  
Appointment**

# Reentry Data: 2017

**FCSO Administered  
Medication-assisted  
Treatment (Suboxone)  
upon discharge from Pre-  
Trial**



**47 Clients  
Average LOS  
29 days**

**FCSO-Administered  
Medically Assisted  
Treatment (Vivitrol) upon  
Reentry**



**36% Received  
Medication**

**Reentering to a Long-Term  
Recovery Program**



**28% Placement**

**Transportation Services  
Provided upon Release**



**70% Received  
Services**

# Case Work “Behavioral Coaching”

F

- FOCUS on client, FOCUS on problem

A

- ASSESS problem behavior

V

- VALIDATE client’s pain and difficulty of changing behavior

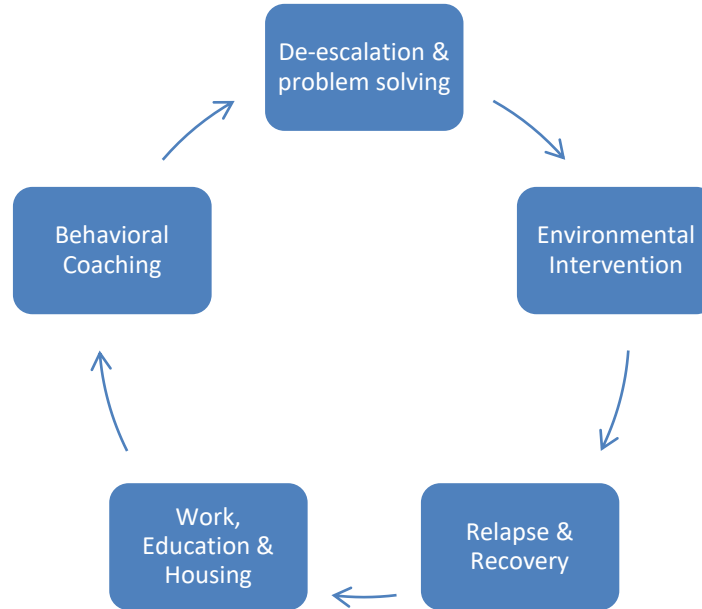
O

- OFFER skills (instruct, model)

R

- REINFORCE effort toward listening, learning, and practicing new skills

# Post-Release Reentry 2014-2017



101

Currently Active Post Release Clients



416

Post-release clients since 2014

## Continuous Improvement: 2016 Focus Group Findings

*“Someone came back here and the Unit Manager (LT) said, ‘I don’t care that you are back, I care that you are alive.’”*

*“I have nothing. I’m scared to leave here!”*

*“My stomach churns when I think of release.”*

*“From here I feel like I’m not going out with nothing.”*

*“The program helped me [learn] to walk around the hole instead of falling into the hole.”*

# Contact information

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Justice Center  
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Assistant Deputy Superintendent  
Clinical and Reentry Services

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160 Elm St, Greenfield, MA 01301

Ph: 413-774-4014 ext. 2176  
Cell Phone: 413-834-4528  
Fax: 413-223-8639  
[levin.schwartz@fcs.state.ma.us](mailto:levin.schwartz@fcs.state.ma.us)



- Introductions
- Overview of Collaborative Comprehensive Case Plans Web Page
- Franklin County Sheriff's Office as Lead Case Planner
- Questions and Answers

# Resources

- Criminogenic Risk and Behavioral Health Needs Framework:  
[https://csgjusticecenter.org/wp-content/uploads/2013/05/9-24-12\\_Behavioral-Health-Framework-final.pdf](https://csgjusticecenter.org/wp-content/uploads/2013/05/9-24-12_Behavioral-Health-Framework-final.pdf)
- Collaborative Comprehensive Case Plan Web Tool:  
<https://csgjusticecenter.org/nrrc/collaborative-comprehensive-case-plans/>
- Developing Collaborative Comprehensive Case Plans:  
<https://csgjusticecenter.org/nrrc/webinars/developing-collaborative-comprehensive-case-plans/>



# Thank you!

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For more information, contact  
[info@nationalreentryresourcecenter.org](mailto:info@nationalreentryresourcecenter.org)

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