

TREATMENT PHASES FOR CHATHAM-SAVANNAH MENTAL HEALTH COURT

**ORIENTATION PHASE -
TREATMENT PLAN DEVELOPMENT AND IMPLEMENTATION**

The primary goal of the Orientation Phase is to introduce the Participant to mental health treatment and substance abuse treatment, if needed. It is expected that there will be an adjustment period during this phase and changes to the treatment plan will be made as needed to support the Participant. The stabilization level of the Participant will be a large factor in the decision to move to Phase I.

Length of Phase

Misdemeanor = Minimum 2 months

Felony = Minimum 3 months

Mental Health Participants

Co-Occurring Participants

Treatment Goals

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation and other appointments) as instructed by TEAM members.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation, and other appointments) as instructed by TEAM members.

Obtain prescribed medications and take them as instructed.

Obtain prescribed medications and take them as instructed.

Submit to 1 observed drug and/or alcohol screen per week on an "at random" basis, and test additionally as required by the TEAM.

Submit to 2 observed drug and/or alcohol screens per week on an "at random" basis, and test additionally as required by the TEAM.

None.

Acknowledgment of substance abuse problem and a commitment to live an alcohol-free and drug-free lifestyle. Substance abuse treatment begun.

None.

Attend a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance. The Participant should begin the search for a suitable sponsor.

Probation Goals

Complete Probation Intake.

Complete Probation Intake.

Complete Community Service Intake.

Complete Community Service Intake.

Report to Probation weekly.

Report to Probation Weekly.

Comply with curfew of 10:00 PM to 6:30 AM.

Comply with curfew of 10:00 PM to 6:30 AM.

Probation fees waived for Orientation Phase.

Probation fees waived for Orientation Phase.

Orientation Phase Advancement Criteria	
<p>The primary goal of the Orientation Phase is to introduce the Participant to mental health treatment and substance abuse treatment, if needed. It is expected that there will be an adjustment period during this phase and changes to the treatment plan will be made as needed to support the Participant. The stabilization level of the Participant will be a large factor in the decision to move to Phase I.</p>	
No positive drug test results (including missed, diluted or tampered tests) for a minimum of 30 consecutive days.	No positive drug test results (including missed, diluted or tampered tests) for a minimum of 30 consecutive days.
No missed or unexcused appointments (doctor's appointments, mental health meetings, substance abuse treatment, court or probation appointments) for 30 consecutive days.	No missed or unexcused appointments (doctor's appointments, mental health meetings, substance abuse treatment, court or probation appointments) for 30 consecutive days.
Enroll in any alternative treatment developed by the TEAM.	Enroll in any alternative treatment developed by the TEAM.
Report to Probation weekly.	Report to Probation weekly.
Complete Probation Intake.	Complete Probation Intake.
Complete Community Service Intake.	Complete Community Service Intake.
Report to Mental Health Court weekly.	Report to Mental Health Court weekly.
Complete Mental Health Court Intake.	Complete Mental Health Court Intake.
Obtain birth certificate.	Obtain birth certificate.
Obtain social security card.	Obtain social security card.
Obtain photo ID.	Obtain photo ID.
None.	Acknowledgment of substance abuse problems and a commitment to live an alcohol-free and drug-free lifestyle.
None.	Attend a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance. The Participant should begin the search for a suitable sponsor.
Remain sanction free for at least 30 days prior to phase advancement.	Remain sanction free for at least 30 days prior to phase advancement.

**PHASE I -
EARLY RECOVERY: INTRODUCTION AND ACCEPTANCE**

The primary goal of Phase I is to make mental health treatment, medication compliance, and substance abuse treatment, if necessary, a habit for the Participant. The Participant will continue with intensive case management, become accustomed to attending treatment, move toward medication maintenance, and begin to embrace recovery. Medication compliance is a key part of this phase and this is the time for the Participant to notify the psychiatrist of side effects or other medications issues.

Mental Health Participants

Co-occurring Participants

Length of Phase

Misdemeanor = Minimum 2.5 months

Felony = Minimum of 5 months

Treatment Goals

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation and other appointments) as instructed by TEAM members.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation, and other appointments) as instructed by TEAM members.

Submit to 1 observed drug and/or alcohol screen per week on an "at random" basis, and test additionally as required by the TEAM.

Submit to 2 observed drug and/or alcohol screens per week on an "at random" basis, and test additionally as required by the TEAM.

Maintain medication compliance.

Maintain medication compliance.

Demonstrate a positive adjustment to treatment.

Demonstrate a positive adjustment to treatment.

Secure safe and stable living arrangements with periodic home visits.

Secure safe and stable living arrangements with periodic home visits.

Formulate personalized life goals to be presented to the TEAM.

Formulate personalized life goals to be presented to the TEAM.

If attending less than 6 hours of treatment daily, engage in productive use of time- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.

If attending less than 6 hours of treatment daily, engage in productive use of time- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.

None.

Attend a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance. A sponsor should be obtained prior to phase advancement.

Probation Goals

Report to Probation bi-weekly.

Report to Probation bi-weekly.

Comply with curfew of 10:00 PM to 6:30 AM.

Comply with curfew of 10:00 PM to 6:30 AM.

Phase I Advancement Criteria	
<p>The primary goal of Phase I is to make mental health treatment, medication compliance, and substance abuse treatment, if necessary, a habit for the Participant. The Participant will continue with intensive case management, become accustomed to attending treatment, move toward medication maintenance, and begin to embrace recovery. Medication compliance is a key part of this phase and this is the time for the Participant to notify the psychiatrist of side effects or other medications issues.</p>	
No positive drug test results (including missed, diluted or tampered tests) for a minimum of 60 consecutive days.	No positive drug test results (including missed, diluted or tampered tests) for a minimum of 60 consecutive days.
No missed or unexcused appointments (doctor's appointments, mental health meetings, or substance abuse treatment, court or probation appointments) for 30 consecutive days.	No missed or unexcused appointments (doctor's appointments, mental health meetings, or substance abuse treatment, court or probation appointments) for 30 consecutive days.
Medication compliance maintained for a minimum of 60 days.	Medication compliance maintained for a minimum of 60 days.
Maintain safe and stable living arrangements for a minimum of 60 days.	Maintain safe and stable living arrangements for a minimum of 60 days.
Life goals presented to TEAM.	Life goals presented to TEAM.
Demonstrate a positive adjustment to treatment.	Demonstrate a positive adjustment to treatment.
If attending less than 6 hours of treatment daily, engage in productive use of time- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.	If attending less than 6 hours of treatment daily, engage in productive use of time- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.
Report to Probation bi-weekly.	Report to Probation bi-weekly.
Report to Mental Health Court weekly.	Report to Mental Health Court weekly.
Attend meeting with Mental Health Court coordinator to discuss goals and advancement requirements for Phase 2.	Attend meeting with Mental Health Court coordinator to discuss goals and advancement requirements for Phase 2.
None.	Attend a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance. A sponsor should be obtained prior to phase advancement.
Remain sanction free for at least 30 days prior to phase advancement.	Remain sanction free for at least 30 days prior to phase advancement.

**PHASE 2 -
ACHIEVING ESTABLISHED GOALS**

The Participant's treatment plan will be adjusted by the treatment team to include the identified life goals presented in Phase 1. This phase addresses the ongoing recovery needs of the Participant, including maintaining total abstinence from drugs and alcohol, and focusing on daily living skills. The phase is designed to initiate the Participants' return to the community as a useful and productive citizen. The achievement of basic life necessities will be the focus of this phase as well as substantial progress towards employment, housing, substance abuse recovery, and individual life goals.

Length of Phase

Misdemeanor = Minimum 2.5 months

Felony = Minimum of 5 months

Mental Health Participants

Co-occurring Participants

Treatment Goals

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation and other appointments) as instructed by TEAM members.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation, and other appointments) as instructed by TEAM members.

Submit to 1 observed drug and/or alcohol screen per week on an "at random" basis, and test additionally as required by the TEAM.

Submit to 2 observed drug and/or alcohol screens per week and on an "at random" basis, and test additionally as required by the TEAM.

Maintain medication compliance.

Maintain medication compliance.

Work toward achievement of individual life goals, as approved by the TEAM.

Work toward achievement of individual life goals, as approved by the TEAM.

If attending less than 6 hours of treatment daily, engage in a structured activity- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.

If attending less than 6 hours of treatment daily, engage in a structured activity- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.

None.

Attend a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance.

Probation Goals

Report to Probation bi-weekly.

Report to Probation bi-weekly.

Comply with curfew of 10:00 PM to 6:30 AM.

Comply with curfew of 10:00 PM to 6:30 AM.

If work towards required community service has not begun, begin community service as treatment steps down but prior to employment.

If work towards required community service has not begun, begin community service as treatment steps down but prior to employment.

Phase 2 Advancement Criteria	
<p>The Participant's treatment plan will be adjusted by the treatment team to include the identified life goals presented in Phase 1. This phase addresses the ongoing recovery needs of the Participant, including maintaining total abstinence from drugs and alcohol, and focusing on daily living skills. The phase is designed to initiate the Participants' return to the community as a useful and productive citizen. The achievement of basic life necessities will be the focus of this phase as well as substantial progress towards employment, housing, substance abuse recovery, and individual life goals.</p>	
No positive drug test results (including missed, diluted or tampered tests) for a minimum of 60 consecutive days.	No positive drug test results (including missed, diluted or tampered tests) for a minimum of 60 consecutive days.
No missed or unexcused appointments (doctor's appointments, mental health meetings, or substance abuse treatment, court or probation appointments) for 30 consecutive days.	No missed or unexcused appointments (doctor's appointments, mental health meetings, or substance abuse treatment, court or probation appointments) for 30 consecutive days.
Medication compliance maintained for a minimum of 60 days.	Medication compliance maintained for a minimum of 60 days.
Maintain safe and stable living arrangements for a minimum of 90 days in the same location.	Maintain safe and stable living arrangements for a minimum of 90 days in the same location.
Make progress towards achievement of individual goals.	Make progress towards achievement of individual goals.
Demonstrate a positive adjustment to treatment.	Demonstrate a positive adjustment to treatment.
Begin community service as treatment steps down but prior to employment.	Begin community service as treatment steps down but prior to employment.
Report to Probation bi-weekly.	Report to Probation bi-weekly.
Report to Mental Health Court bi-weekly.	Report to Mental Health Court bi-weekly.
Attend meeting with Mental Health Court coordinator to discuss goals and to advancement criteria for Phase 3.	Attend meeting with Mental Health Court coordinator to discuss goals and to advancement criteria for Phase 3.
None.	Attend a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance.
Remain sanction free for at least 30 days prior to phase advancement.	Remain sanction free for at least 30 days prior to phase advancement.

**PHASE 3 -
SUSTAINING RECOVERY AND SOLIDIFYING ACHIEVEMENTS**

The Participant will work toward a successful transition from a lifestyle within the co-occurring court structure to a lifestyle more representative of what they will experience following graduation. In this phase, the goals that have been achieved in housing, employment, sobriety, treatment continuity, and personal life goals will be solidified. The Participant will depend more on community resources and display stability to the TEAM through sustaining his/her achievements with less external motivation.

Length of Phase

Misdemeanor = Minimum 3 months

Felony = Minimum of 6 months

Mental Health Participants

Co-occurring Participants

Treatment Goals

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.	Cooperate with treatment provider, including following all rules and regulations of the treatment provider.
Maintain consistent attendance at all appointments (including treatment, doctor, court, probation and other appointments) as instructed by TEAM members.	Maintain consistent attendance at all appointments (including treatment, doctor, court, probation, and other appointments) as instructed by TEAM members.
On an "at random" basis, submit to observed drug and/or alcohol screens.	Submit to 1 observed drug and/or alcohol screen per week on an "at random" basis, and test additionally as required by the TEAM.
Complete other case management services as determined necessary by the TEAM.	Complete other case management services as determined necessary by the TEAM.
Develop maintenance plan/aftercare plan with treatment provider.	Develop maintenance plan/aftercare plan with treatment provider.
Maintain safe and stable living arrangements in the same location for 90 days prior to phase move.	Maintain safe and stable living arrangements in the same location for 90 days prior to phase move.
If attending less than 6 hours of treatment daily, engage in productive use of time- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.	If attending less than 6 hours of treatment daily, engage in productive use of time- employment, vocational or educational classes, community service work, volunteer work, etc., as determined by the TEAM.
None	Maintain attendance at a minimum of 3 meetings (outside of daily treatment) per week, or more as directed by the TEAM, with proof to the Court at each appearance. Greater connectedness with the sponsor and the outside program should be fostered.

Probation Goals

Report to Probation every three weeks.	Report to Probation every three weeks.
Comply with curfew of 10:00 PM to 6:30 AM.	Comply with curfew of 10:00 PM to 6:30 AM.
Probation fees waived for Phase 3 unless the participant is working more than 20 hours per week.	Probation fees waived for Phase 3 unless the participant is working more than 20 hours per week.

Phase 3 Advancement Criteria	
<p>The Participant will work toward a successful transition from a lifestyle within the co-occurring court structure to a lifestyle more representative of what they will experience following graduation. In this phase, the goals that have been achieved in housing, employment, sobriety, treatment continuity, and personal life goals will be solidified. The Participant will depend more on community resources and display stability to the TEAM through sustaining his/her achievements with less external motivation.</p>	
No positive drug test results (including missed, diluted or tampered) for a minimum of 90 consecutive days.	No positive drug test results (including missed, diluted or tampered tests) for a minimum of 90 consecutive days.
No missed or unexcused appointments (doctor's appointments, mental health meetings, or substance abuse treatment, court or probation appointments) for 60 consecutive days.	No missed or unexcused appointments (doctor's appointments, mental health meetings, or substance abuse treatment, court or probation appointments) for 60 consecutive days.
Medication compliance maintained for a minimum of 90 days.	Medication compliance maintained for a minimum of 90 days.
Develop maintenance plan/aftercare plan with provider.	Develop maintenance plan/aftercare plan with provider.
Maintain safe and stable living arrangements in the same location for a minimum 90 days.	Maintain safe and stable living arrangements in the same location for a minimum of 90 days.
Make progress towards achievement of individual goals.	Make progress towards achievement of individual goals.
Maintain employment or engage in a structured activity including being actively involved with Vocational Rehabilitation, treatment, and/or furthering education with clear goals outlined at staffing.	Maintain employment or engage in a structured activity including being actively involved with Vocational Rehabilitation, treatment, and/or furthering education with clear goals outlined at staffing.
If attending less than 3 hours of treatment per week, provide proof of continued employment and/or school enrollment and attendance for 30 days (misdemeanors) 60 days (felony) prior to phase move.	If attending less than 3 hours of treatment per week, provide proof of continued employment and/or school enrollment and attendance for 30 days (misdemeanors) 60 days (felony) prior to phase move.
Report to Probation every 3 weeks.	Report to Probation every 3 weeks.
Complete required community service hours.	Complete required community service hours.
Report to Mental Health Court bi-weekly.	Report to Mental Health Court bi-weekly.
Attend meeting with Mental Health Court coordinator to discuss goals and advancement criteria for Phase 4.	Attend meeting with Mental Health Court coordinator to discuss goals and advancement criteria for Phase 4.
None	Maintain attendance at a minimum of 3 outside meetings per week, or more as directed by the TEAM, with proof to the Court at each appearance. Greater connectedness with sponsor and the outside program should be fostered.
Remain sanction free for at least 30 days prior to phase advancement.	Remain sanction free for at least 30 days prior to phase advancement.

**PHASE 4 -
A NEW BEGINNING: PREPARING FOR GRADUATION**

The Participant will prepare for graduation. This is a time of collaboration between the Participant and the TEAM. A plan for sustained health is developed and approved with the greatest level of input from the Participant. The same conditions of treatment, doctor attendance, and medication management exist in this phase. The participant will attend court monthly and will report to probation monthly (on 2 week intervals). Observed drug and/or alcohol screening will be required 2 times per month. Employment and housing should be sustained. Entry into this phase means that the Participant has already met and successfully sustained the goals of the program.

Length of Phase

Misdemeanor = Minimum 2 months

Felony = Minimum of 5 months

Mental Health Participants

Co-occurring Participants

Treatment Goals

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Cooperate with treatment provider, including following all rules and regulations of the treatment provider.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation and other appointments) as instructed by TEAM members.

Maintain consistent attendance at all appointments (including treatment, doctor, court, probation, and other appointments) as instructed by TEAM members.

On an "at random" basis, submit to observed drug and/or alcohol screens.

Submit to 2 observed drug and/or alcohol screens per month on an "at random" basis, and test additionally as required by the TEAM.

Move into a maintenance plan/aftercare plan with prescriber.

Move into a maintenance plan/aftercare plan with prescriber.

Maintain safe and stable living arrangements in the same location.

Maintain safe and stable living arrangements in the same location.

Maintain employment or engage in a structured activity including being actively involved with Vocational Rehabilitation, treatment, and/or furthering education with clear goals outlined at staffing.

Maintain employment or engage in a structured activity including being actively involved with Vocational Rehabilitation, treatment, and/or furthering education with clear goals outlined at staffing.

Demonstrate an understanding of the importance of ongoing treatment and medication compliance.

Maintain attendance at a minimum of 3 meetings per week (outside of daily treatment), or more as directed by the TEAM, with proof to the Court at each appearance. Greater connectedness with the sponsor and the outside program should be fostered. Demonstrate an understanding of the goals and importance of continued attendance of outside meetings.

Probation Goals

Report to Probation once every month.

Report to Probation once every month.

Comply with curfew of 10:00 PM to 6:30 AM.

Comply with curfew of 10:00 PM to 6:30 AM.

PHASE 4 - A NEW BEGINNING: PREPARING FOR GRADUATION

The Participant will prepare for graduation. This is a time of collaboration between the Participant and the TEAM. A plan for sustained health is developed and approved with the greatest level of input from the Participant. The same conditions of treatment, doctor attendance, and medication management exist in this phase. The Participant will attend court monthly and will report to probation monthly (on 2 week intervals). Observed drug and/or alcohol screening will be required twice per month. Employment and housing should be sustained. Entry into this phase means that the Participant has already met and successfully sustained the goals of the program.

Graduation Requirements

Have successfully maintained program requirements and participated in the Mental Health Court for a minimum 12 months (misdemeanors) and 24 months (felonies).	Have successfully maintained program requirements and participated in the Mental Health Court for a minimum 12 months (misdemeanors) and 24 months (felonies).
Have maintained consistent medication compliance for a minimum of 120 days.	Have maintained consistent medication compliance for a minimum of 120 days.
Have maintained sobriety (no positive drug screens, including missed, diluted and tampered tests, for a minimum of 90 consecutive days) as determined by the TEAM.	Have attained an acceptable level of sobriety (no positive drug screens, including missed, diluted and tampered tests, for a minimum of 90 consecutive days) as determined by the TEAM.
Have developed a definitive maintenance plan/aftercare plan that may include self help meetings, outpatient counseling, or group attendance.	Have developed a definitive maintenance plan/aftercare plan that may include self help meetings, outpatient counseling, or group attendance.
Have achieved safe and stable living arrangements for a minimum of 90 days.	Have achieved safe and secure living arrangements for a minimum of 90 days.
Have obtained gainful, consistent employment, and/or enrolled in school, or if deemed unable to work, have found a consistent an productive use of time.	Have obtained gainful, consistent employment, and/or enrolled in school, or if deemed unable to work, have found a consistent an productive use of time.
Have fulfilled individual life goals and/or made sufficient positive progress toward appropriate goals as determined by the TEAM.	Have fulfilled individual life goals and/or made sufficient positive progress toward appropriate goals as determined by the TEAM.
Have provided proof of attendance at all other events or courses as required by the TEAM.	Have provided proof of attendance at all other events or courses as required by the TEAM, including submitted all documentation necessary of attendance of outside meetings for a minimum of 120 days.
Demonstrate an understanding of the importance of ongoing treatment and medication compliance.	Have achieved an understanding of personal problems of addiction, criminal behavior, and relapse prevention. Demonstrate an understanding of the importance of ongoing treatment and medication compliance.
Completion of graduation packet.	Completion of graduation packet.
Final meeting with Mental Health Court Coordinator.	Final meeting with Mental Health Court Coordinator.
Exit interview with the TEAM.	Exit interview with the TEAM.