Stepping Up Kansas Technical Assistance Center

Mike Brouwer, Andy Brown, Andrea Clark, Ayesha Delany-Brumsey, Kati Habert, Risë Haneberg

February 3, 2021
Agenda

• Welcome and introductions
• Welcoming Remarks
• How We Got Started
• The Stepping Up Initiative
• Douglas County, Kansas
• Description of the Stepping Up Kansas Technical Assistance Center
• Questions and Answers
Speakers

- **Mike Brouwer**, Criminal Justice Coordinator, Douglas County, Kansas
- **Andy Brown**, Commissioner, Behavioral Health Services, Kansas Department for Aging and Disability Services
- **Andrea Clark**, CIT/Veterans Program Coordinator, Behavioral Health Services Commission, Kansas Department for Aging and Disability Services
- **Dr. Ayesha Delany-Brumsey**, Director, Behavioral Health Division, The Council of State Governments Justice Center
- **Kati Habert**, Program Director, The Council of State Governments Justice Center
- **Risë Haneberg**, Deputy Division Director, The Council of State Governments Justice Center
Welcoming Remarks

Andy Brown, Commissioner, Behavioral Health Services, Kansas Department for Aging and Disability Services

Dr. Ayesha Delany-Brumsey, Director, Behavioral Health Division, The Council of State Governments Justice Center
KDADS Supports the Stepping Up Kansas TA Center

• Included as part of the Kansas Department for Aging and Disability Services (KDADS) Mental Health in Jails 2020 State Action Plan

• 3-year collaboration between KDADS and The CSG Justice Center, with cross-system collaboration with key partners from state and local agencies
Advancing safety and second chances

We drive the criminal justice field forward by providing rigorous, objective research and convening state leaders from all three branches of government.

LEARN MORE
Stepping Up is a national initiative to reduce the number of people with mental illnesses and co-occurring substance use disorders in jails.

#StepUp4MentalHealth

www.StepUpTogether.org
More than 520 counties across 43 states have joined Stepping Up to reduce the prevalence of mental illness in jails.

48% of the U.S. population lives in a Stepping Up county.

Approximately 2 million times each year, people who have serious mental illnesses are admitted to jails.

27 Innovator Counties are blazing the trail in data collection.

5 states have launched statewide Stepping Up initiatives.
Multiple Levels of Technical Assistance (TA)

**Broad-Based TA**

**Douglas County, Kansas**

A County Justice and Behavioral Health Systems Improvement Project

**State Initiatives and Policy**

Pennsylvania Launches First-in-Nation Steping Up Technical Assistance Center Focused on Helping Counties Reduce Number of People in Jail with Mental Illnesses

*October 19, 2018*  
By CSG Justice Center Staff

Secretaries of Pennsylvania’s Department of Health, Department of Corrections, and others launched a first-of-its-kind resource center on Oct. 15 in Philadelphia focused on helping counties reduce the number of people with mental illnesses in jail through research-driven approaches.
Is our leadership committed?

Do we conduct timely screening and assessments?

Do we have baseline data?

Have we conducted a comprehensive process analysis and inventory of services?

Have we prioritized policy, practice, and funding improvements?

Do we track progress?
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Reduce</strong> the number of people with mental illnesses booked into jails</td>
<td><strong>2. Shorten</strong> the length of stay in jails for people who have mental illnesses</td>
</tr>
<tr>
<td><strong>3. Increase</strong> connection to treatment for people who have mental illnesses</td>
<td><strong>4. Reduce</strong> recidivism rates for people who have mental illnesses</td>
</tr>
</tbody>
</table>
Stepping Up Snapshot

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Nationally</th>
<th>In Kansas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counties that have passed a Stepping Up resolution to demonstrate leadership commitment</td>
<td>526</td>
<td>8</td>
</tr>
<tr>
<td>Innovator Counties with access to accurate baseline data on SMI in jail</td>
<td>27</td>
<td>3</td>
</tr>
</tbody>
</table>
Douglas County, Kansas and Stepping Up

Mike Brouwer, Criminal Justice Coordinator
Douglas County Overview

• Mental Health/Criminal Justice work began with a part-time clinician working in the jail in 2001

• As collaboration grew, so did support:
  • Sheriff McGovern made this a priority
  • Bert Nash CMHC supported the work
  • University of Kansas provided leadership

• Grants improved data and added staff
Douglas County Overview

• Joined in 2015
• Provided a framework:
  • Improved data collection and analysis
  • Access to a national network of peers
  • Data and best practices led to targeted funding requests
  • Goals have been set
Over 50% Reduction in SMI Bookings in Douglas County Jail

![Bar Chart showing reduction in SMI Bookings from 2014 to 2019]

- 2014: 18%
- 2017: 5%
- 2018: 6%
- 2019: 9%
Getting Started

• Both Johnson and Douglas Counties started small
• Douglas started the data collection with paper & pencil
• Join the Stepping Up Initiative
• Sign-up for the email blasts and network calls
• Utilize the Kansas Technical Assistance Center
Introducing the Kansas Stepping Up Technical Assistance Center

Kati Habert, Program Director, The Council of State Governments Justice Center
Kansas Stepping Up Technical Assistance Center

Across Kansas, local communities recognize the growing need to find better solutions for linking people with mental illnesses to treatment and services while improving public safety. In coordination with the Governor’s Behavioral Health Services Planning Council and the Mental Health in Jails workgroup, the Kansas Department for Aging and Disability Services is working with local behavioral health and law enforcement leaders to address this need.

The Kansas Stepping Up Technical Assistance Center will supply:

1. Connections with sites across Kansas and nationally to facilitate peer learning and provide concrete examples of successful strategies and policies;
2. Access to national experts and a central information bank on best practices; and
3. Guidance on the high-impact strategies and policies that achieve lasting results.

https://stepuptogether.org/ta/kansas
What is a Technical Assistance (TA) Center?

Dedicated CSG Justice Center staff support to one-on-one onsite and distance training, group trainings, coaching from local and national experts, and access to resources and guidance on the intersection of mental health and the justice system.
Objectives of the Stepping Up Kansas TA Center

1. Establish and implement data-driven plans to reduce the number of people with mental illnesses in local jails
2. Identify best practice sites
3. Create a central information bank for counties across KS
4. Determine state level policies that can be adjusted or implemented to improve local level efforts to reduce the number of people with SMI in jails within the broader context of Justice Reinvestment in KS
Benefits of a State Stepping Up TA Center

- Connections with sites across Kansas and nationally to facilitate peer learning and provide concrete examples of successful strategies and policies;
- Access to local and national experts and a central information bank on best practices; and
- 1-1 and group guidance on the high-impact strategies and policies that achieve lasting results
Stepping Up Kansas TA Center Resources

- Dedicated staff point of contact based in Kansas
- Additional CSG Justice staff are available for consultation through one-on-one calls
- Office hours
- Virtual site visits
- Written resources
Key Resources to Get You Started

Stepping Up County Self-Assessment

Reducing the Number of People with Mental Illnesses in Jail: Six Questions County Leaders Need to Ask

Reducing the Number of People with Mental Illnesses in Jail: Six Questions County Leaders Need to Ask

Stepping Up Strategy Lab

stepuptogether.org
Getting Started with Stepping Up

• Has our county passed a Stepping Up resolution?
• Is there a representative planning team that is focused on criminal justice and behavioral health? Is there already a criminal justice coordinating committee (CJCC) or other body that can advance this work?
• Have we connected the dots between multiple initiatives in the county that address behavioral health in the justice system?
• Is there a standard definition of serious mental illness (SMI) shared among criminal justice and behavioral health agencies?
• Do we have baseline data on SMI prevalence in the jail?
Next Steps

• Onboarding Kansas-based CSG staff person to manage the TA Center

• CSG staff point of contact will begin individual outreach to counties this month to discuss their interest in the TA Center and their TA needs

• Ongoing meetings with agencies to ensure a robust TA approach that covers a wide variety of needs

• Sign up by emailing KansasSteppingUp@csg.org
Questions and Answers
Contact Information

- Mike Brouwer, mbrouwer@douglascountyks.org
- Andrea Clark, Andrea.Clark3@ks.gov
- Kati Habert, Khabert@csg.org
- Risë Haneberg, rhaneberg@csg.org
- Stepping Up Kansas, KansasSteppingUp@csg.org