

How States Can
Leverage Medicaid to
Reduce Recidivism and
Improve Health
Outcomes

August 20, 2025

The Council of State Governments Justice Center

We are a national nonprofit, nonpartisan organization that combines the power of a membership association, serving state officials in all three branches of government, with policy and research expertise to develop strategies that increase public safety and strengthen communities.



How We Work

We bring people together

We drive the criminal justice field forward with original research

We build momentum for policy change

We provide expert assistance



Introductions

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Representative

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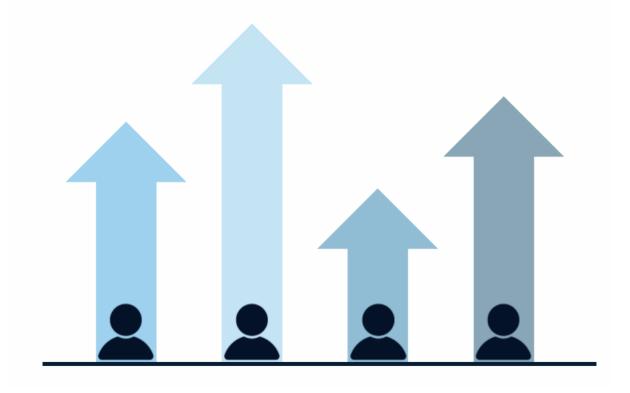




Brett Barker Iowa Representative

Poll

Before we begin, please complete this **four-question** poll so we can learn more about you and what ongoing support would be useful to you and your organization.





Agenda

- Medicaid Changes Are Redefining Reentry
- The Reentry Challenge

3 New Federal Opportunities Are Improving Access to Care

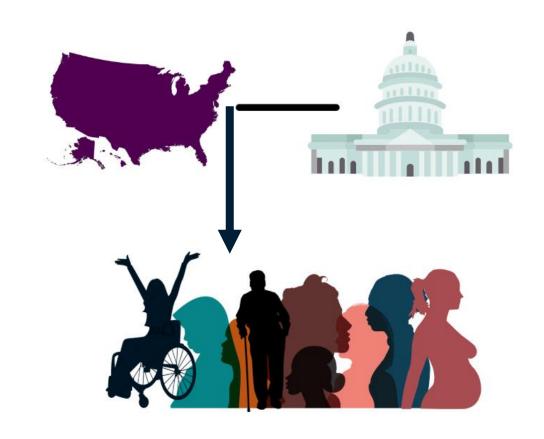
- Youth and Young Adult Provisions
- Medicaid 1115 Reentry
 Waiver Demonstrations
 and What They Make
 Possible
- How Legislators Can
 Support MedicaidFunded Reentry Work



Medicaid changes are redefining reentry.

Reforms under HR. 1, The One Big Beautiful Bill Act ("OBBBA"), have put Medicaid in the spotlight, but new federal reentry provisions remain viable and time sensitive. For the first time, Medicaid can help states strengthen transitions by:

- Ensuring youth and adults stay connected to care before and after release from custody
- Stabilizing reentry and reducing recidivism by preventing gaps in treatment
- Delivering savings and improving public safety by aligning health and justice priorities





Individuals in correctional settings have significant health care needs.



>70% of youth in the juvenile justice system have mental health needs.

50% + of youth in foster care have experienced an arrest, conviction, or overnight stay in a correctional facility by the age of 17.



65% of the prison population has an active substance use disorder.

64% of people in state and federal prison reported using at least one drug in the 30 days prior to arrest for the offense for which they were serving time.

See slide 28 for sources.



The Reentry Challenge

The "inmate exclusion policy" prohibited the use of Medicaid funds for incarcerated people

 This contributed to poor connection to care (including appointments and medications) for youth involved in the juvenile justice system

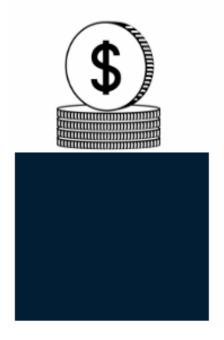
Ensuring Medicaid coverage upon release has historically varied by state agencies

 Effective approaches must include partnerships between juvenile justice facilities, Medicaid, and health care providers



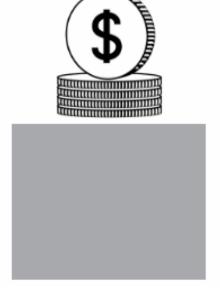
The Cost of Missed Connections

All carceral authorities are constitutionally obligated to provide needed health care for people in their custody. However, the provision of health care within carceral systems is widely variable.



\$34,000

Average overall annual cost of holding a person in jail in 2017



\$33,274

Average annual cost of holding a person in a state prison since 2015



\$5,700

Typical annual cost of health care services for an individual incarcerated in a state prison in 2015

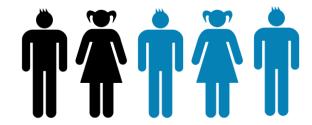
See slide 29 for sources.



Most people leaving custody are eligible for Medicaid.



In Medicaid expansion states, most incarcerated adults are Medicaid eligible. Nationally, at least 1 in 4 adults under community supervision were already enrolled in Medicaid before incarceration.

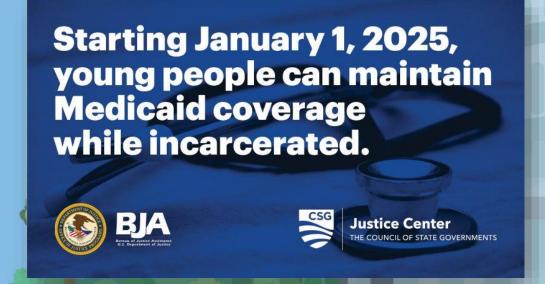


Between 2015 and 2019, **60 percent of non-institutionalized youth who stayed in jail or juvenile detention were likely to be enrolled in Medicaid.**

"Report to Congress on Medicaid and CHIP" (Washington, DC: Medicaid and CHIP Payment and Access Commission, 2023), https://www.macpac.gov/wp-content/uploads/2023/06/MACPAC_June-2023-WEB-508.pdf; "Access in Brief: Health Care Needs and Use of Services by Adolescents Involves with the Juvenile Justice System" (Washington, DC: Medicaid and CHIP Payment and Access Commission, 2021), https://www.macpac.gov/wp-content/uploads/2021/08/Access-in-Brief-Health-Care-Needs-and-Use-of-Services-by-Adolescents-Involved-with-the-Juvenile-Justice-System-1.pdf.



Federal policy is opening new doors for Medicaid and corrections.





Suspend, not terminate, Medicaid coverage during incarceration.



There are new opportunities to improve access to care for youth in the juvenile justice system.

SUPPORT Act requires that **states do not terminate Medicaid eligibility** when eligible youth become incarcerated in a public institution.

States must conduct a Medicaid redetermination of eligibility for youth prior to their release, without requiring a new application.

Coverage for incarcerated youth and youth formerly in foster care who are found eligible for Medicaid during the pre-release redetermination must have their Medicaid benefits restored upon release.

"All State Medicaid and CHIP Call," Centers for Medicare and Medicaid Services, March 16, 2021.



Mandatory Criteria for Youth Requirements

Appropriations Act of 2023) mandated state Medicaid and CHIP programs to require **screenings**, **referrals**, and **case management** for eligible youth in public institutions under Section 5121. This includes Medicaid-covered services 30 days prior to release for youth up to age 21 and up to age 26 for former foster youth:

- Medically necessary screenings in accordance with Medicaid Early and Periodic Screening,
 Diagnostic, and Treatment (EPSDT) requirements
- Targeted case management services, including referrals to care 30 days pre- and post-release



Optional Criteria for Youth with Pending Charges

Effective Jan. 1, 2025, states also have the option to provide Medicaid and CHIP coverage to youth in public institutions during the initial period pending disposition of charges. This is optional criteria under CAA Section 5122.



Improving Access to Services Before and During Juvenile Justice Involvement

States can leverage Medicaid to fund:

Evidence-based services for youth such as FFT, TF-CBT, MST, DBT and others Tiered staffing models that include peers, community health workers, and family advocates



Including these approaches in the state plan allows youth to access services without justice involvement, address workforce issues, and maximize state dollars.

Young People in Adult Facilities

Adult jails are identifying eligible youth in adult facilities by implementing processes and procedures like:

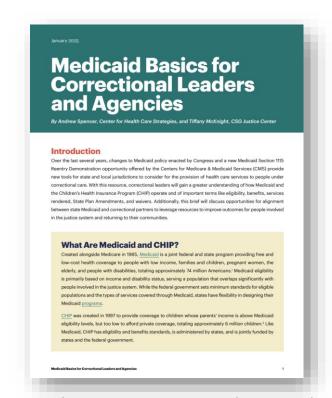
- ✓ Establishing intake flags to identify eligible individuals
- ✓ Increasing coordination with Medicaid agencies
- ✓ Connecting to juvenile health or specialized providers
- ✓ Adjusting housing or programming for age-appropriate care



What is a Medicaid 1115 Reentry Demonstration Waiver?

- Medicaid Section 1115 Reentry Demonstrations, or "reentry waivers" give states flexibility to pilot new approaches to improve their state's Medicaid program to better serve Medicaid-eligible individuals pre- and post-incarceration.
- States that apply for and are approved for a reentry waiver can address eligibility, benefits, and delivery systems in ways that would otherwise not be allowed under Medicaid.

Liz Buck et al., "What Correctional Agencies Need to Know about the Medicaid Section 1115 Reentry Demonstration Opportunity" (Center for Health Care Strategies and the CSG Justice Center, 2024), https://csgjusticecenter.org/publications/what-correctional-agencies-need-to-know-about-the-medicaid-section-1115-reentry-demonstration-opportunity/.



Visit the National Reentry Resource Center to learn more about *Medicaid Basics for Correctional Leaders and Agencies*



What are components of a reentry waiver?

If approved, states **must**:

- ✓ Suspend, instead of terminate, Medicaid coverage during incarceration.
- ✓ Provide Medicaid-covered services up to 90 days pre-release.
- ✓ Decide which groups of Medicaid beneficiaries are eligible for pre-release services and can define populations with specific conditions and identification criteria.
- ✓ Provide case management to address physical and behavioral health needs and health-related social needs.
- ✓ Provide medication-assisted treatment (MAT) for substance use disorders.
- ✓ Provide 30-day supply of prescribed medications upon release.
- ✓ Ensure that comprehensive Medicaid and CHIP benefits are available to beneficiaries in the state, as established in the state Medicaid plan.

Daniel Tsai, "Opportunities to Test Transition-Related Strategies to Support Community Reentry and Improve Care Transitions for Individuals Who Are Incarcerated" (Baltimore: Centers for Medicare and Medicaid Services, 2023), https://www.medicaid.gov/federal-policy-guidance/downloads/smd23003.pdf.



What Reentry Waivers Make Possible



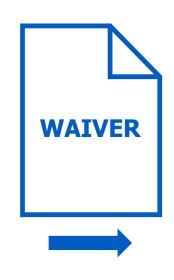
Little or no support pre-release

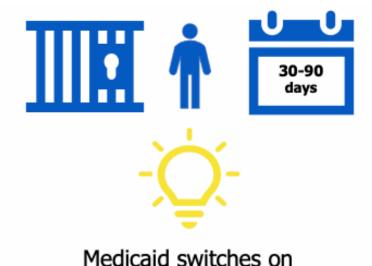


Costly ER visits post-release



Recidivism increases from lack of longterm stable support













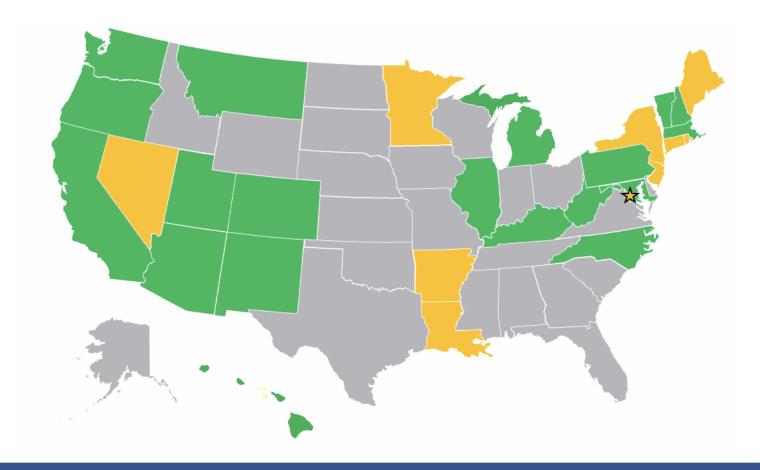
Proactive/sustainable connections pre-release



Status of Approved and Pending Reentry Waivers

Approved (19) – AZ, CA, CO, HI, IL, KY, MD, MA, MI, MT, NH, NM, NC, OR, PA, UT, VT, WA, and WV

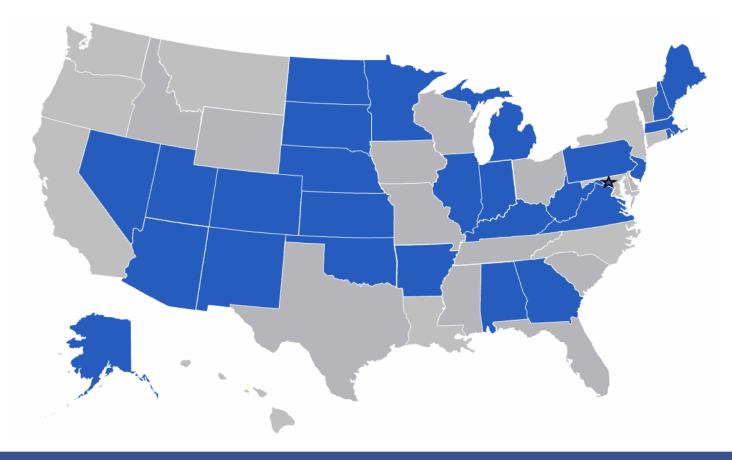
Pending (9) – AR, CT, LA, ME, MN, NJ, NY, RI, NV, and Washington, DC



States with CMS Planning Grants



Alabama, Alaska, Arkansas,
Colorado, Delaware, District of
Columbia, Georgia, Illinois,
Indiana, Kansas, Kentucky, Maine,
Massachusetts, Michigan,
Minnesota, Nebraska,
New Hampshire, New Jersey,
Nevada, New Mexico, North
Dakota, Oklahoma, Pennsylvania,
Rhode Island, South Dakota,
Utah, Virginia, and West Virginia





How are states using their waiver? Illinois Example

Waiver name and status: Illinois Behavioral Health Transformation





Duration of prerelease coverage:

The 90-day period before release.



Carceral setting(s) eligible to participate:

State or local jail, prison, or youth correctional facility



Eligible populations:

- Medicaid eligible
- With an expected release date no later than 90 days after initiation of demonstration covered services
- In an eligible facility







Pre-Release Benefit Package:

- Case management to assess and address physical health needs, behavioral health needs, and health-related social needs
- Medication-assisted treatment services for all types of substance use disorders with accompanying counseling
- A 30-day supply of all prescription medications at the time of release
- Services provided by community health workers
- Diagnostic and treatment services, including laboratory and radiology services
- Prescribed drugs, in addition to MAT and the 30-day supply of prescription medications described above, and medication administration
- Medical equipment and supplies and/or medical equipment provided upon release.

Chiquita Brooks-LaSure, letter approving IL waiver (Baltimore: Centers for Medicare and Medicaid Services, 2024), https://www.medicaid.gov/medicaid/section-1115-demonstrations/downloads/il-healthcare-trans-appvl-07022024.pdf.



Legislators are already leading these efforts.



Minnesota

 Passed <u>S.F. No. 5335</u> (p. 87) requiring the application of a waiver and the formation of a reentry services working group.



Maine

Passed H.P. 764 - L.D. 1204, which requires the Department of Health and Human Services to apply for a waiver within 18 months.



Nevada

Passed AB389, which requires the director of the Department of Health and Human Services to apply for a waiver.



You can play a role in leveraging Medicaid to save money and improve health outcomes in your state.

- ☐ Be a champion!
- ☐ Exercise your **convening power** to support cross-systems planning amid coordination by connecting with your state Medicaid and corrections agency.
- Provide **budget support** to ensure state agencies have staffing support to implement these complex changes.
- ☐ Understand your state's process for submitting a 1115 reentry waiver, including whether state law requires legislative approval or other specific steps before submission.
- Engage the CSG Justice Center to provide training and technical assistance around your state's efforts to promote Medicaid and reentry.





Q&A and Open Discussion



Thank You!

Join our distribution list to receive updates and announcements:

https://csgjusticecenter.org/resources/newsletters/

For more information, please contact Alex Ruth at aruth@csg.org

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Resources

- Collaborating for Youth and Public Safety Initiative
- New Opportunities under Medicaid to Address Health Needs of Youth Leaving Correctional Facilities
- Opportunities to Leverage Medicaid to Support Young People in Adult Corrections
- CMS Planning Grant Awards
- CSG Justice Center Medicaid and Correction Policy Academy October 2024



Sources for Slide 8

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 https://ojp.gov/library/publications/child-welfare-and-juvenile-justice-system-involvement.
- Laura Maruschak, Jennifer Bronson, and Mariel Alper, "Alcohol and Drug Use and Treatment Reported by Prisoners" (Washington, DC: Bureau of Justice Statistics, 2021), https://bjs.ojp.gov/sites/g/files/xyckuh236/files/media/document/adutrpspi16st.pdf.
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- "Local Spending on Jails Tops \$25 Billion in Latest Nationwide Data," Pew, January 29, 2021, accessed August 19, 2025, https://www.pew.org/en/research-and-analysis/issue-briefs/2021/01/local-spending-on-jails-tops-\$25-billion-in-latest-nationwide-data.

